HLSC 2P00 Library Seminar



Ian Gordon, Teaching & Learning Librarian



Library Seminar Agenda

- Top 10 resources you should know about!
- Scholarly resources books
- Scholarly resources databases
- Scholarly resources articles
- How to search for information
- Where, how and when to get help!
- Questions / Answers

HLSC 2P00

Writing in Health Sciences

Practical experience in scholarly writing and presentation, focusing on diverse audiences and communication channels.

Lecture, seminar, 3 hours per week.

Restriction: open to CHHS, CHLH, CMTY, MSCI and PHTH majors. Students must have a minimum 4.0 overall credits.

Prerequisite(s): HLSC 1F90.

Note: this course may be offered in multiple modes of delivery. The method of delivery will be listed on the academic timetable, in the applicable term.

https://www.mentimeter.com/

Quick anonymous 2-question HLSC 2P00 survey!

https://www.mentimeter.com/

Quick anonymous 2-question HLSC 2P00 survey!

How successful are you as an information searcher?

- 1. Note really successful, I could do better
- 2. Somewhat successful, I use a variety of resources
- 3. Successful, I believe I keep on top of new developments

How successful are you as a writer?

- 1. Note really successful, I could do better
- 2. Somewhat successful, I use a variety of resources
- 3. Successful, I believe I keep on top of new developments

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Top 10 resources you should know about!

- 1. Zoterobib
- 2. Zotero enabled
- 3. Omni
- 4. Borrowing from Other Libraries
- 5. Brock Library HLSC Library Research Guide
- 6. Google Scholar, Google Books and Advanced Google searching
- 7. Tackle an AI-enabled database
- 8. Using MEDLINE via PubMed
- 9. MEDLINE MeSH Headings and controlled vocabulary
- 10. How to book a consultation

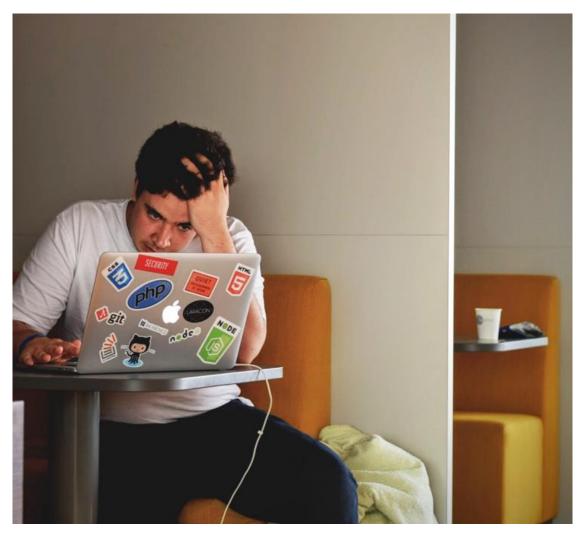
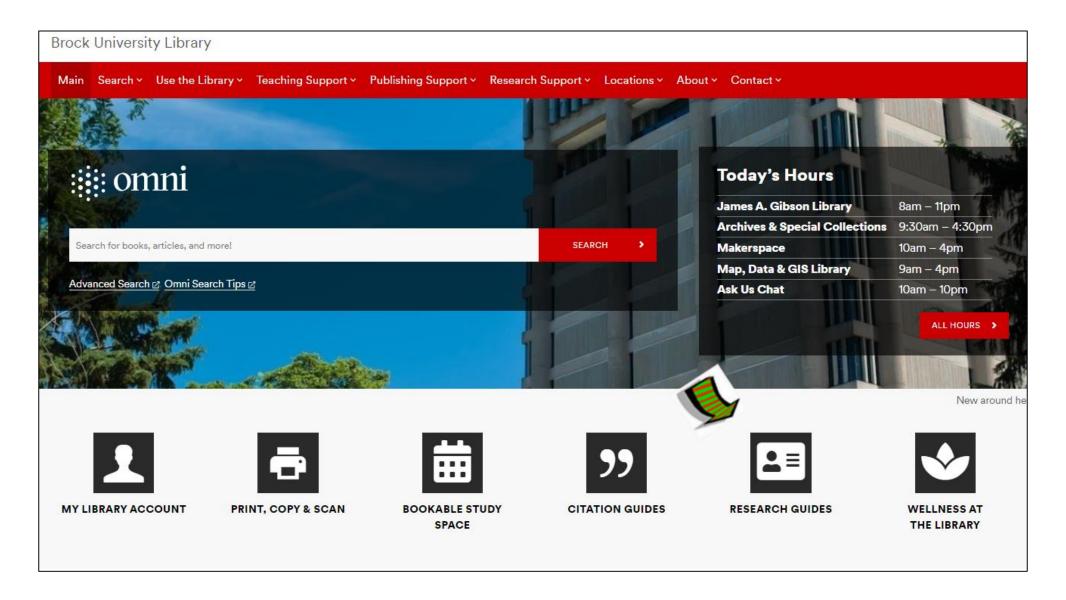
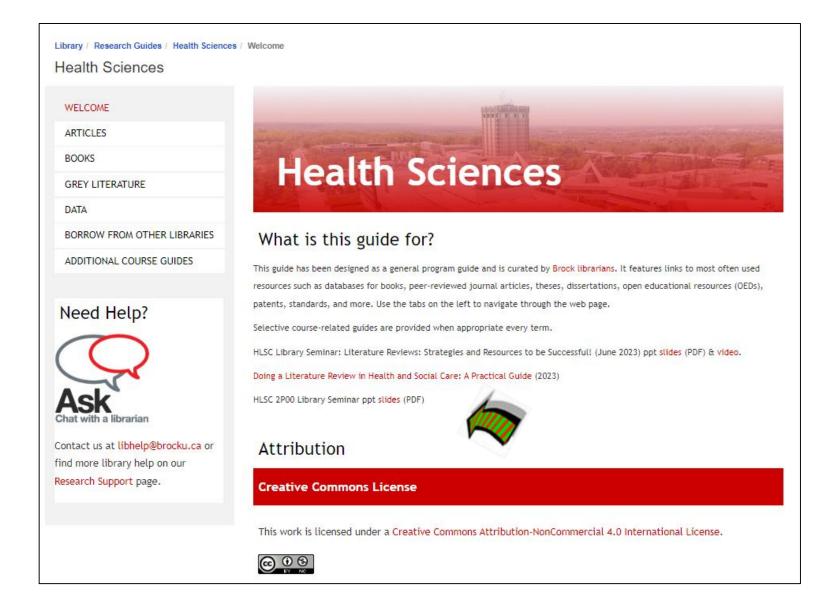


Photo by <u>Tim Gouw</u> on <u>Unsplash</u>

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https://researchguides.library.brocku.ca/HLSC



Library / Research Guides / Health Sciences / Grey Literature

Health Sciences

GREY LITERATURE

BORROW FROM OTHER LIBRARIES

ADDITIONAL COURSE GUIDES

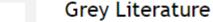
WELCOME

ARTICLES

BOOKS

DATA





Grey literature databases identify resources that are key to research and scholarship. Many are open resources that go through a quality control process before they are published.

Definitions are scholarly dictionaries, encyclopedias and handbooks that help define terms and provide additional context.

Concise Medical Dictionary (2020) Taber's Cyclopedic Medical Dictionary (2021) Dictionary of Public Health (2018)

Encyclopedia of Public Health (2008) Dictionary Plus: Medicine and Health (2016)

Encyclopedia of Lifestyle Medicine and Health (2012)

Wiley Blackwell Encyclopedia of Health, illness, behavior, and Society (2014)

Oxford Handbook of Public Health Practice (2013)

Key Themes in Public Health (2014)

Occupational Health and Safety information is essential to dealing with injuries, accidents, government and regulatory information.

There are many different handbooks and review resources, use Omni to locate individual resources, a selective few are listed below.

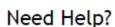
Patents, standards and trademarks are intellectual property resources of potential interest.

Chemicals, small molecule and drug databases.

Theses and Dissertations are important unpublished resources granted and retained by universities as capstone projects, these, and dissertations.

Open Education Resources (OERs) are digital ebooks and learning objects that can be used as open textbooks on a wide variety of general and disciplinary subjects.

Systematic Reviews and Evidence Synthesis research involves specialty databases and resources.





Contact us at libhelp@brocku.ca or find more library help on our Research Support page.

Library / Research Guides / Health Sciences / Data

Health Sciences

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Data

Data and Statistics are published by organizations, researchers, private, public, and government agencies.

Contact the Maps, Data & GIS Help Guides to identify data resources, data sets, information or for assistance with GIS-related tasks, data management, data visualization and curation.

Note that several academic libraries have created extensive lists of data and statistics resources including the University of Toronto Gerstein Centre and McGill Library.

A select list of health-related international, national and regional data sources includes the following:

- Borealis (Canadian Dataverse Repository)
- Brock University Digital Repository
- · Canadian Institute for Health Information (CIHI)
- . Computing in the Humanities and Social Sciences (CHASS)
- figshare
- Global Health Repository (WHO)
- Health Infobase (Canadian)
- Health Statistics for Niagara (Region of Niagara)
- HealthStats (World Bank)
- · Inter-university Consortium for Political and Social Research (ICPSR)
- odesi (Canadian)
- Organization for Economic Co-operation and Development (OECD)
- Public Health Ontario
- Statistics Canada
 To find Census data, health and key indicators, and subject-specific reports.
- UN Data Explorer



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Health Sciences



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ADDITIONAL COURSE GUIDES

Need Help?



Contact us at libhelp@brocku.ca or find more library help on our Research Support page.

Books

Health sciences scholarly books or ebooks range from introductory textbooks, handbooks, and subject-specific resources. A select list of databases that identify books/ebooks are listed below.

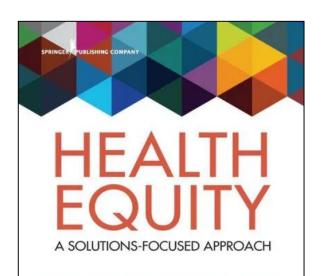
The most straightforward way to find books is by using Omni our local search interface!

Book & E-Book databases

- Omni @
 - · Brock's largest Interdisciplinary search tool
 - Millions of journal articles, books & ebooks, newspapers, videos, magazines and more!
- Google Books

Select "Limited preview and full view" and "Books" for best results.

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 - Terms of Use from Publisher Site



K. Bryant Smalley | Jacob C. Warren | M. Isabel Fernández





Vasiliki Douglas

An Introduction to Indigenous Health and Healthcare in Canada

Bridging Health and Healing

SECOND EDITION

KAREN HOLLAND . ROGER WATSON

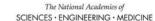
GETTING IT RIGHT

WRITING FOR

AND HEALTHCARE



PUBLICATION IN NURSING



Communities in Action Pathways to Health Equity



HEALTH

EVIDENCE, CRITICAL SOCIAL SCIENCE, AND HEALTH CARE IN CANADA

Edited by Eric Mykhalovskiy, Jacqueline Choiniere, Pat Armstrong, and Hugh Armstrong







DOING A LITERATURE REVIEW IN HEALTH AND SOCIAL CARE

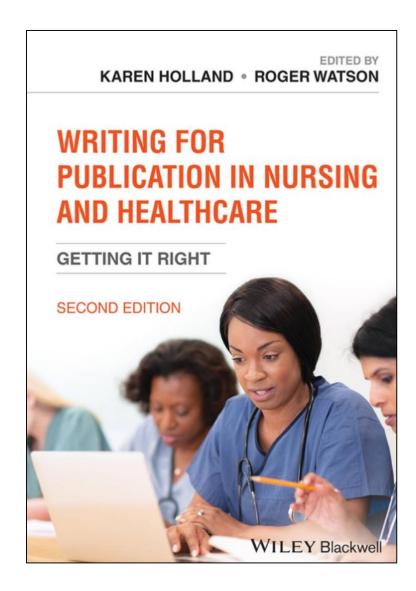
A Practical Guide



HELEN AVEYARD

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Aveyard, H. (2023). *Doing a literature review in health and social care: A practical guide* (5th ed.). Open University Press/McGraw Hill.



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Holland, K., & Watson, R. (Eds.). (2021). Writing for publication in nursing and healthcare: Getting it right (2nd Ed.). Wiley.

Innovation and Change in Professional Education 19

Lorelei Lingard Christopher Watling

Story, Not Study: 30 Brief Lessons to Inspire Health Researchers as Writers



See One, Do One, Teach One

- If your literature review feels without stance, ask someone else to read it and flag when they see you using one of the three primary stances in Fig. 4.1.
- Circle all the reporting verbs in your literature. What are your default verbs?
 Using Tables 4.1, 4.2 and 4.3 as a resource, revise your verbs to express your own position on the knowledge and to represent relations among scholars in the field.
- Identify a key source you plan to cite in your literature review, and practice taking a stance. Experiment with expressing agreement and affiliation or disagreement and distance. Notice how stance shifts as you modify your verb choices.

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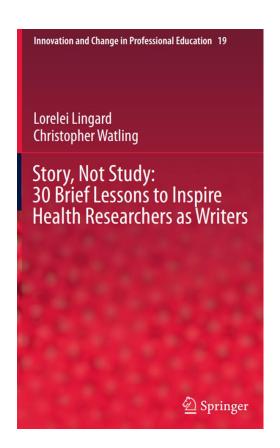


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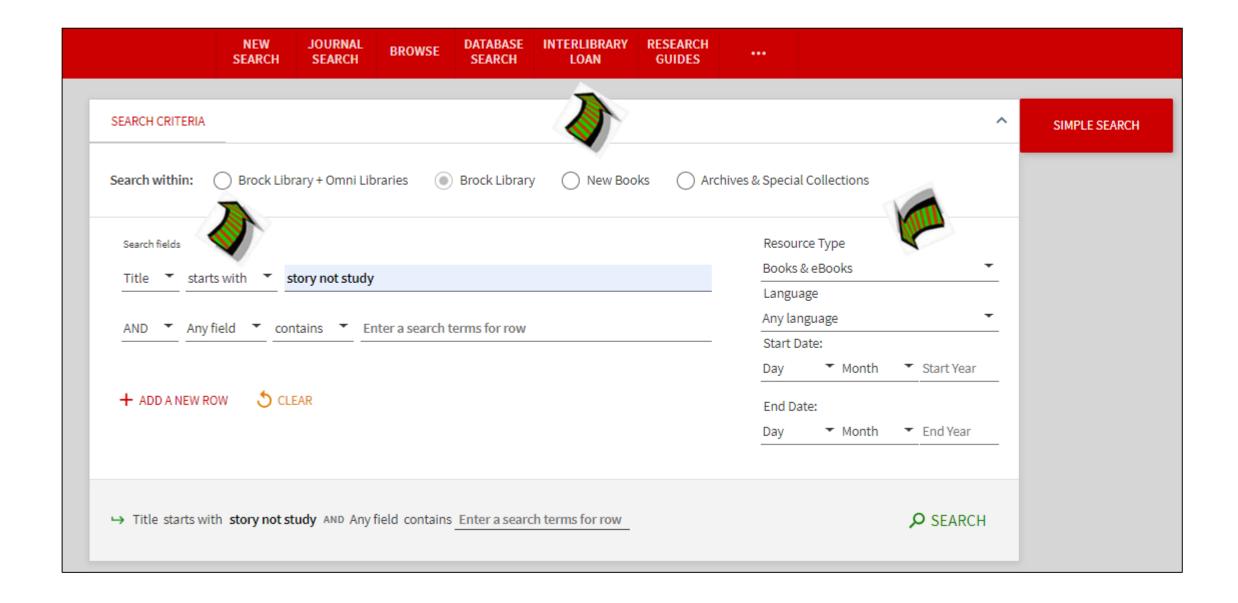
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Lingard, L., & Watling, C. (2021). Get control of your commas In L. Lingard & C. Watling (Eds.). *Story, not study:* 30 brief lessons to inspire health researchers as writers (pp. 95-99). Springer.



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I only need a specific chapter or pages	
★ <u>Title</u>	
★ Author	
Edition	
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Publisher	
Publication year	
Volume	
Preferred Pickup University ★ Brock University ▼	
★ Preferred Local Pickup ▼	
Comment	
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Find results	with all of the words with the exact phrase with at least one of the words without the words	alth Google Search
Search:	○ All books ■ Limited preview and full view ○ Full view only ○ Google eBooks only	
Content:	○ All content ● Books ○ Magazines ○ Newspapers	
Language	Return pages written in	any language 🗸
Title	Return books with the title	e.g. Books and Culture
Author	Return books written by	e.g. Hamilton Mabie or "Hamilton Wright Mabie"
Publisher	Return books published by	e.g. O'Reilly
Subject	Return books on subject	e.g. Medieval History or "Medieval History"
Publication Date	 Return content published anytime Return content published between 	e.g. 1999 and 2000, or Jan 1999 and Dec 2000
ISBN	Return books with the ISBN	e.g. 0060930314
ISSN	Return serials with the ISSN	e.g. 0161-7370

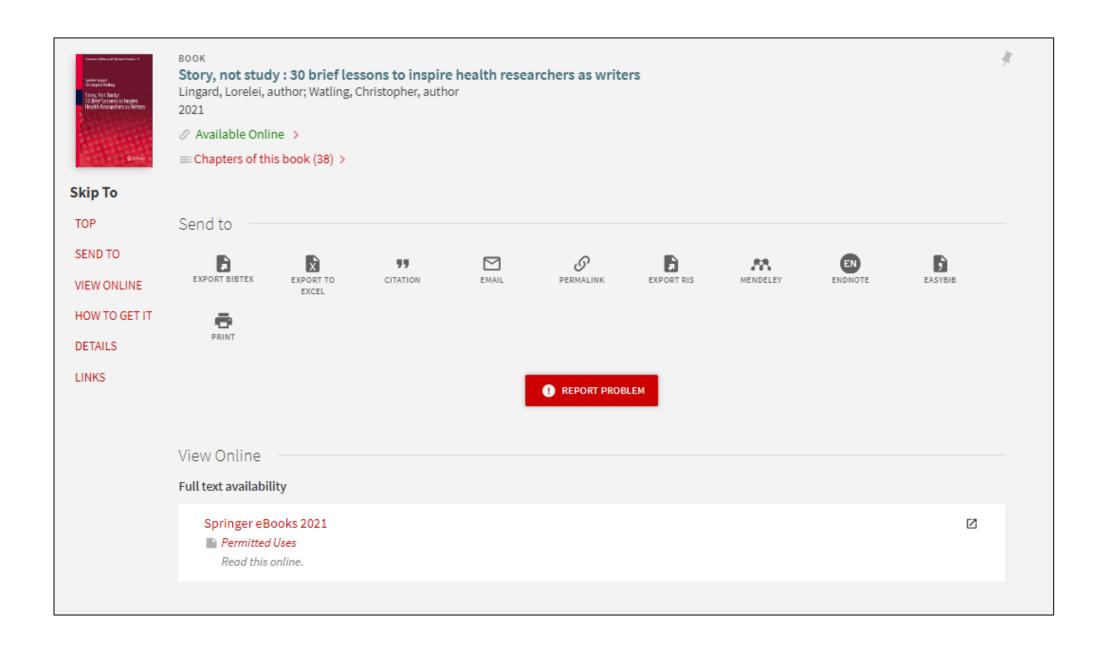
What is a literature review?

Let's begin by defining what a literature review is. In short, a literature review is the comprehensive study and interpretation of literature that relates to a particular question. When you undertake a literature review, you identify a **research question** and then seek to answer this question by searching for, appraising and analysing relevant literature using a systematic approach. This is the case whether your literature review is a pre-requirement to a larger project or is a study in its own right. A thorough search and **analysis** of the literature lead you to new insights that are only possible when all the literature is reviewed together and each piece of relevant information is seen in the context of other information. If you think of one piece of literature as one part of a jigsaw, you will see how a review of the literature is like completing the jigsaw. This is why a literature review is so useful.

Are there different ways of doing a literature review?

As the usefulness and importance of the literature review have become increasingly recognized, so has the number of different approaches to undertaking such a review. A recent review of methods used to undertake a literature review in recent journal publications identified more than 35 different named approaches (Aveyard and Bradbury-Jones 2019), including systematic review, rapid review, critical review, narrative review, structured review, scoping studies review and umbrella review, to name but a few.

Don't be put off by the different names. It can be confusing to try to work out the differences between the different terms for literature reviews that you come across. Then, to make matters worse, sometimes terms can be used interchangeably. A simplified approach is to consider what we mean by a literature review and then to look at the reviews you come across and consider whether they have been done to a high standard. Very detailed literature reviews are referred to as **systematic reviews**. These are described later in this chapter and refer to a very high-quality literature review, generally undertaken by a team of researchers who aim to identify *all* the available evidence on a topic, undertake a thorough appraisal of the quality of the evidence and often include a reanalysis of results of the studies – sometimes referred to as a **meta-analysis** or **meta-synthesis**. This very detailed approach is





BOOK

Story, not study: 30 brief lessons to inspire health researchers as writers

Lingard, Lorelei, author; Watling, Christopher, author 2021

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Publication Date 202

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Watling, Christopher, author >
2021
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Many researchers dread writing. They find it laborious - even painful - to put their scholarly work into words. They get bogged down in the study, and lose track of the story. And they produce uninspiring papers that fail to resonate with readers or reviewers. This book offers an antidote to this problem: brief, accessible lessons that guide researchers to write clear and compelling scientific manuscripts. The book is divided into three sections: Story, Craft, and Community. The Story section offers advice on getting the balance of study and story just right, introducing strategies for tackling each section of a scientific manuscript. The Craft section considers the grammatical and rhetorical tools of the trade, showing how they can be wielded for maximum impact. And the Community section offers suggestions for writing collaboratively, supporting other writers, and navigating peer review. Each section features multiple short and pragmatic lessons, peppered with illustrative examples. Readers can use the chapters collectively to build holistic writing skills, or dip in and out to refine specific elements of the craft. Rooted in a coaching philosophy, we aim to unlock our readers' potential as writers through instruction, reflection, and example. And we hope to inspire researchers to face writing with joy. This work is clearly written

instruction, reflection, and example. And we hope to inspire researchers to face writing with joy. This work is clearly written and easily understandable. Its many practical examples, tools, and exercises make an effective toolbox of support for scholarly writers. This will be invaluable to new scholars and help established scholars as well. The inclusion of examples specific to the health arena and the clear, elegantly simple explanations add strength and relevance to this work. Toni Ungaretti, Johns Hopkins School of Education, Baltimore, MD, USA This book is the most original perspective I have ever read about the craft of writing. As its title suggests, it is inspiring. Brownie Anderson, NBME, Philadelphia, PA, USA.

1. Introduction -- SECTION I: THE STORY -- 3. Mapping the Gap- 4. Citation Technique -- 5. Methods: Where Story Meets Study -- 6. Effective Use of Quotes in Qualitative Research -- 7. Writing a Discussion that Realizes its Potential -- 8. The Art of Limitations -- 9. Bonfire Red Titles -- 10. Making Every Word Count: Keys to a Strong Research Abstract -- SECTION II: THE CRAFT -- 11. Mastering the Sentence -- 12. Enlisting the Power of the Verb -- 13. The Power of Parallel Structure -- 14. Get Control of Your Commas -- 15. Avaiding Prepositional Pilled In -- 16. Avaiding Clutter Using Adjectives and Adverts Wisely --

Control of Your Commas -- 15. Avoiding Prepositional Pile-Up -- 16. Avoiding Clutter: Using Adjectives and Adverbs Wisely -- 17. From Semi-Conscious to Strategic Paragraphing -- 18. Coherence: Keeping the Reader on Track -- 19. The Three 'S's of Editing: Story, Structure, and Style -- 20. Pace, Pause & Silence: Creating Emphasis & Suspense in Your Writing -- 21. The Academic Hedge, Part I: Modal Tuning in Your Research Writing -- 22. The Academic Hedge II: Getting Politeness Right in Your Research Writing -- 23. From Silent to Audible Voice: Adjusting Register, Stance & Engagement in Your Writing -- SECTION III: THE COMMUNITY -- 24. Collaborative Writing: Strategies and Activities -- 25. Collaborative Writing: Roles, Authorship & Ethics -- 26. Giving Feedback on Others' Writing -- 27. Coaching Writing I: Being Thoughtful About the Process -- 28. Coaching Writing II: Relationship and Identity -- 29. Cultivating a Writing Community -- 30. Navigating the Peer Review Process

Successfully -- Epilogue.

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ISBN:3030713628

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Lorelei Lingard Christopher Watling

Story, Not Study: 30 Brief Lessons to Inspire Health Researchers as Writers



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6.2 Argument

Even an illustrative, representative quote does not stand on its own: we must incorporate it into our texts, both grammatically and rhetorically. Grammatical incorporation is relatively straightforward, with one main rule to keep in mind: quoted material is subject to the same sentence-level conventions for grammar and punctuation as non-quoted material. Read this example aloud:

Burnout was experienced by healthcare leaders as well as frontline clinicians, "we all feel at the end of our ropes with the demands of our jobs, to the point where I almost don't care anymore some days". (P7)

Your ear likely hears that this should be two sentences. But quotation marks seem to distract us from this, and we create a run-on sentence by putting a comma between the sentences. An easy correction is to replace the comma with a colon.

Burnout was experienced by healthcare leaders as well as frontline clinicians: "we all feel at the end of our ropes with the demands of our jobs, to the point where I almost don't care anymore some days". (P7)

Chapter 14 Get Control of Your Commas



Please start cutting, Dr. Franklin. Please start cutting Dr. Franklin.

Comma placement can radically alter the meaning of a sentence. But many of usstruggle to know where exactly to put them. How do you decide? Do you treat commas like salt, sprinkling them over your writing according to your personal taste? Have you a vague sense that, like too much salt, too many commas are bad for you? Or are you an adherent of the 'breathing' rule, inserting commas wherever a reader might need an O₂ break? Have you ever wondered why those editing your work have removed one comma but not another?

The purpose of a comma is to separate clauses within a sentence, phrases within a clause or words within a phrase, in order to succinctly and unambiguously express meaning. Seems straightforward, right? Wrong. The comma is arguably the most misunderstood of punctuation tools. Ask someone about comma rules and even those who begin with confidence are likely to trail off apologetically. This is because, although purists feel quite strongly about comma rules and bemoan their misuse in popular punctuation books (Truss 2003), comma use is not fully explained by rules. It depends in part on taste.

As David Crystal (2015) insists in his history of punctuation, variation in comma use is neither infinite nor totally idiosyncratic. It turns out that there are two broad schools of punctuation, and understanding them can help us to unravel the complexities of comma use. In the elocutional school, with its origins in antiquity, commas indicate intonation and pauses in oral speech. In the grammatical school, which arose with the advent of the printing press, commas express grammatical relations among parts of the sentence. What's tricky is that both approaches are still alive and well, so that most of us have been trained, explicitly or implicitly, to use a bit of both in our writing.

L. Lingard, C. Watling, Story, Not Study: 30 Brief Lessons to Inspire Health Researchers as Writers, Innovation and Change in Professional Education 19, https://doi.org/10.1007/978-3-030-71363-8_14



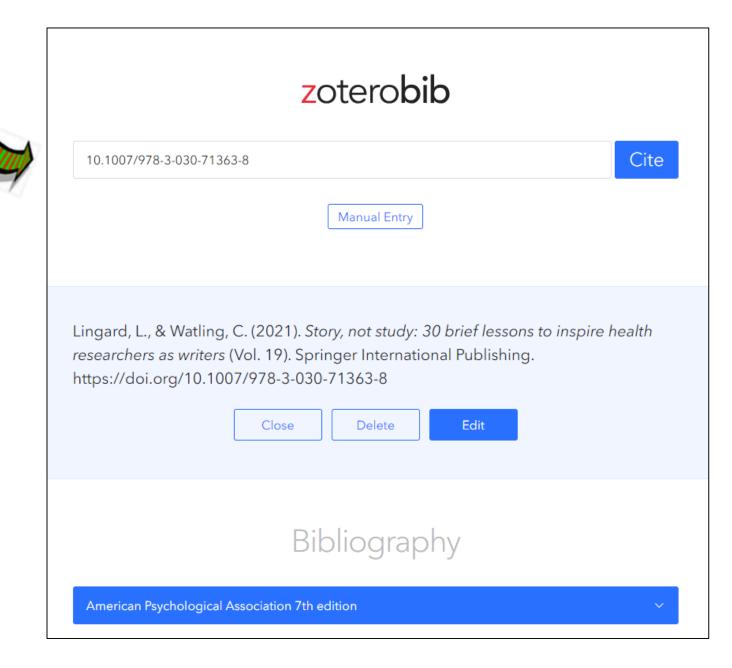
I love the rhetorical comment/question in this book "Do you treat commas like salt, sprinkling them over your writing according to your personal taste" (Lingard & Watling, 2021, 95).

Lingard, L., & Watling, C. (2021). Get control of your commas In L. Lingard & C. Watling (Eds.). *Story, not study: 30 brief lessons to inspire health researchers as writers* (pp. 95-99). Springer.

The original version of this chapter was revised: Epigraph was corrected. The correction to this chapter is available at https://doi.org/10.1007/978-3-030-71363-8_31

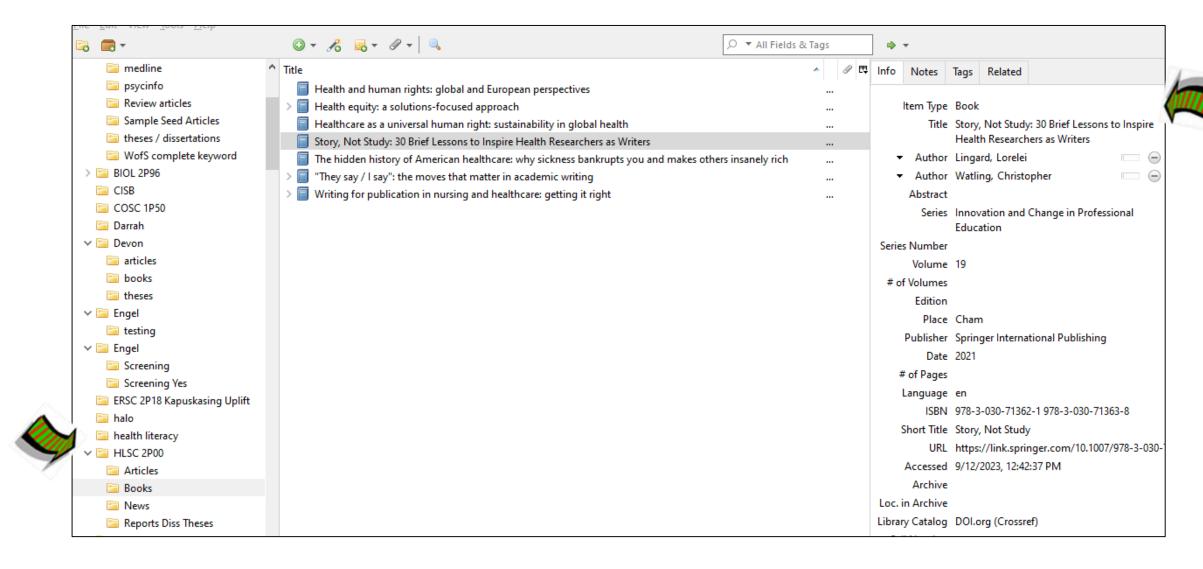
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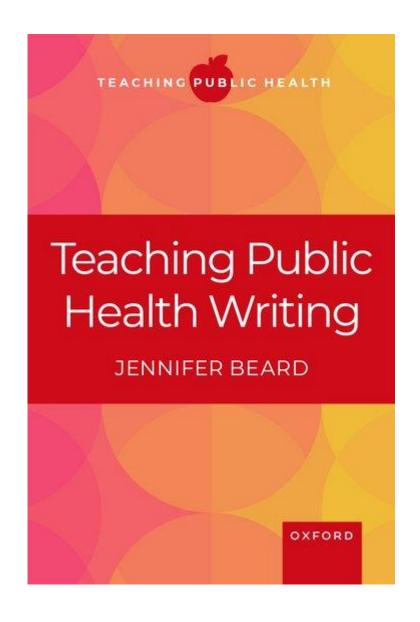
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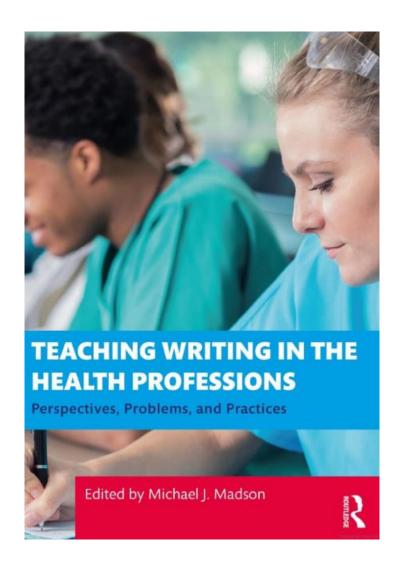
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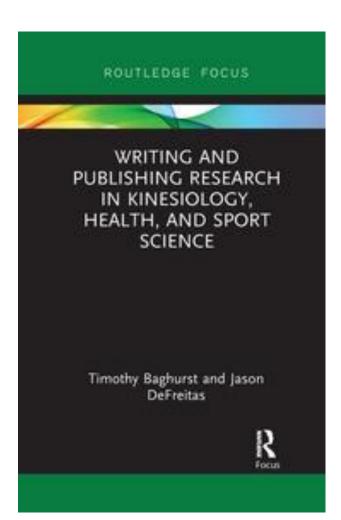




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Neale, N., & Sale, J. (2022). *Developing practical nursing skills: Foundations for nursing and healthcare students* (5th ed.). Routledge. https://doi.org/10.4324/9781003020660

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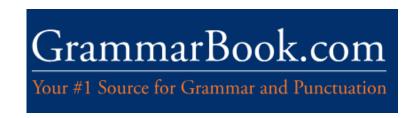
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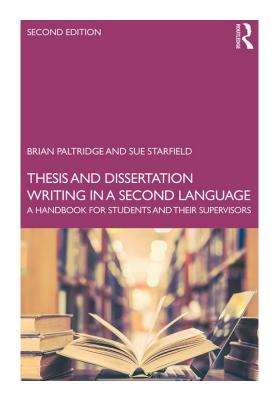


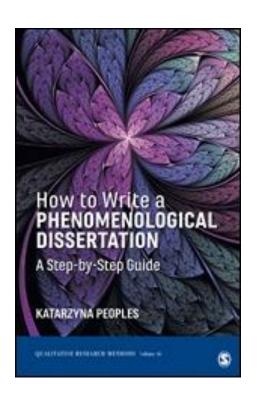
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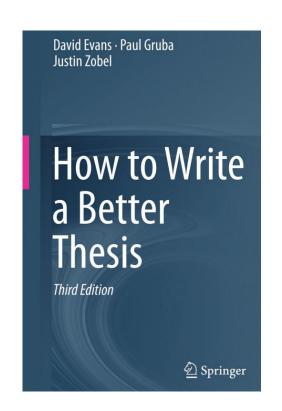


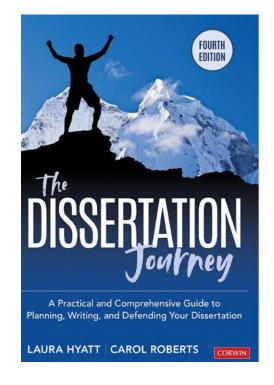




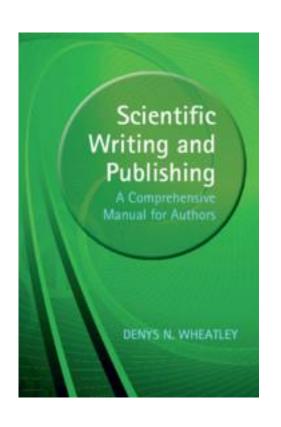


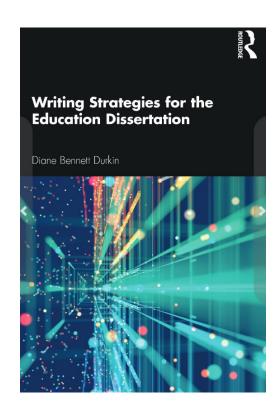


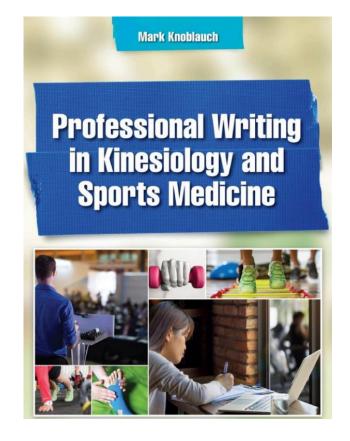


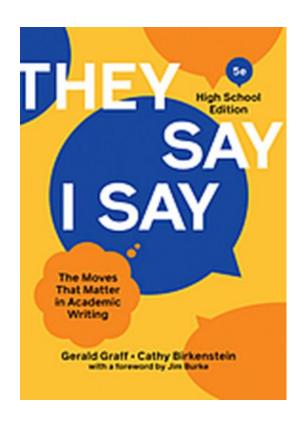


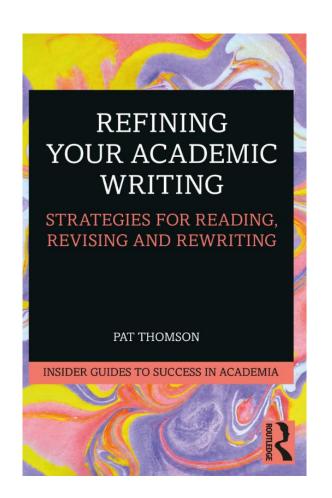
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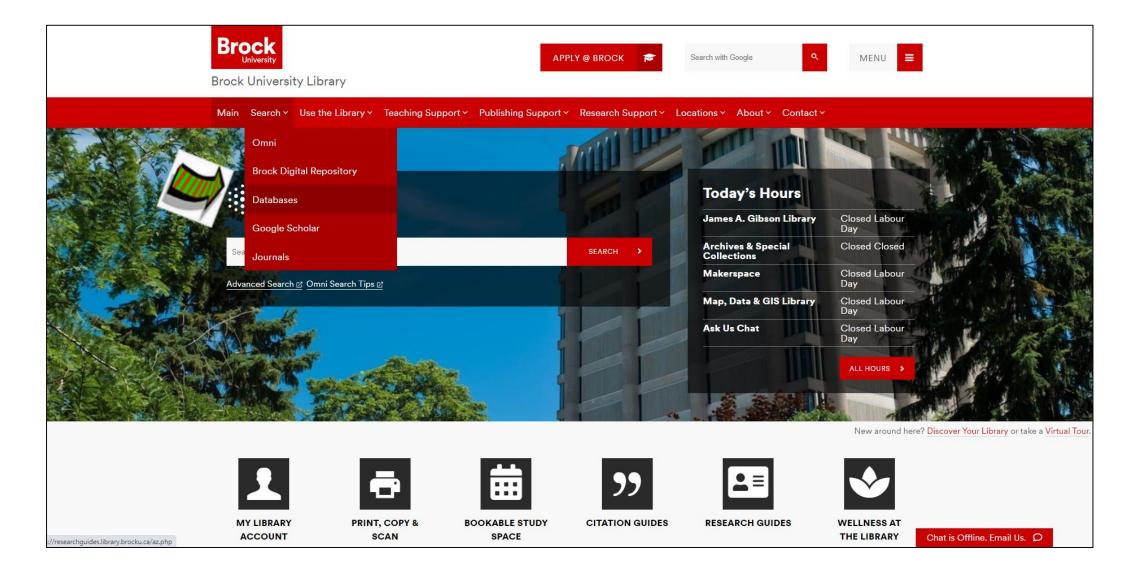




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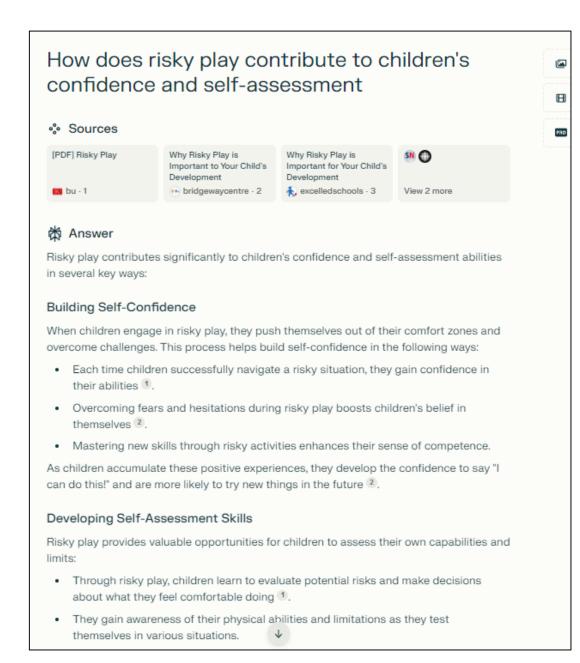
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5 sources How does risky play contribute to children's confidence and self-assessment		
0	1. [PDF] Risky Play bu Risky Play Why is Risky Play important? Risky play helps children develop resilience, executive functioning skills, self-confidence, and risk-assessment abilities. Each time they engage in risky play they are engaging in their own science experiment: pushing themselves out of their comfort zone without knowing what the exact outcome will be. Risky play allows children to learn their own limits and find out what they feel comfortable with. This awareness helps reduce the risk of injury as	
0	2. Why Risky Play is Important to Your Child's Development bridgewaycentre "Children are competent, capable of complex thinking, curious, and rich in potential."—Ontario Ministry of Education, How Does Learning Happen? It can be difficult for a lot of us to allow risky play to happen. The instinct of most parents is to eliminate risk in order to protect our children. But risk doesn't have to equal danger. In fact, there are many benefits of risky play! Risky play—that is, play that incorporates safe risks relative to a child's age, size, motor skills, and comfort	
0	3. Why Risky Play is Important for Your Child's Development **Excelledschools Risky play is a type of play that involves intentionally seeking out or engaging in activities that involve risk or danger. While it may seem counterintuitive, engaging in risky play can actually be beneficial for children's development, as it allows them to explore and test their limits in a controlled and safe environment. 1. Cognitive Development Risky play helps children develop essential cognitive skills, including problem-solving, decision-making, and risk assessment. By engaging in	
0	4. Risky Play and Children's Well-Being, Involvement and Physical § link.springer	
0	5. Risky play for children: Why we should let kids go outside and then get out to be When you think back to your favourite childhood play experiences, chances are they took place outdoors, unsupervised and while hanging out with friends. But today's kids spend far less time playing than their parents did. Mariana Brussoni, a professor at the University of British Columbia and BC Children's Hospital — featured in *The Nature of Things* documentary * — has spent years researching the benefits of play that have an element of risk. Risky play for children, she explains, is	



Risky Play and Child Confidence

Q How does "risky play" contribute to children's confidence and self-assessment?

Summary of top (4 papers ∨

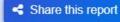
Research suggests that risky play contributes significantly to children's confidence abilities. Engaging in thrilling and challenging forms of play allows children to deskills, increase physical activity, and promote social competencies and resilience (Even toddlers as young as 17-25 months can assess and manage risks in challeng environments, developing their own risk management skills (Tangen et al., 2022). children with a sense of self-confidence and mastery, fulfilling their innate needs competence, and relatedness (van Rooijen et al., 2023). Furthermore, the biological appears to have evolved to help young individuals develop the courage, confident abilities needed to face life's challenges (Gray, 2020). However, recent trends of refreedom to engage in self-directed, risky play have led to negative consequences and mental health (Gray, 2020).

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	Children's use of env Patricia Obee + Early Child Deve 2020 · 20 citations	-2		risky play i	n early childl	nood education	1 and care

Research topic

I want to find empirical studies and theoretical papers that examine how risky play contributes to children's confidence and self-assessment.



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Introduction

The concept of risky play is increasingly recognized as a significant factor in children's development, particularly concerning confidence and self-assessment. Risky play encompasses activities that are thrilling and challenging, potentially involving physical injury, such as climbing, jumping from heights, or engaging with dangerous elements. This paper aims to synthesize the existing body of literature on how risky play contributes to the development of children's confidence and self-assessment through empirical studies and theoretical analyses.

A number of empirical studies highlight the direct contributions of risky play to the development of confidence and self-assessment in children. Van Rooijen et al. [1] explored children's experiences with loose parts play, applying self-determination theory to reveal how such activities fulfill children's needs for autonomy and competence. Similarly, Lavrysen et al. [5] conducted an educational intervention to evaluate changes in children's risk competence and perception, demonstrating improvements in confidence through structured risky play activities.

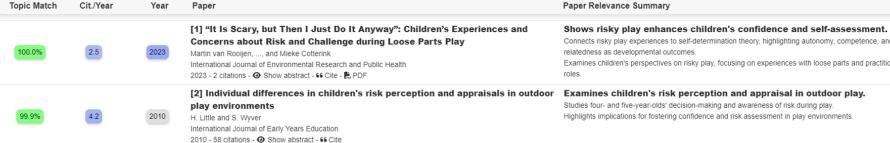
Little and Wyver [2] provided insight into individual differences in risk perception among young children, utilizing both interviews and observational methods. Their work showed how risk appraisal can inform children's play decisions, enhancing their self-assessment capabilities. In another study, Karabon and Steiner [9] examined how children's risk-taking is influenced by ecological factors, such as the play environment and social dynamics, highlighting the contextual elements of confidence development during outdoor play.

The theoretical landscape is enriched by discussions on the evolutionary role of risky play. Sandseter and Kennair [8] articulated the anti-phobic effects of risky play, suggesting it serves developmental functions by helping children manage fears and improve coping skills. This perspective adds depth to the understanding of how risky play contributes beyond immediate behavioral benefits, positing a foundational role in reducing anxiety and building resilience.

Educator and parental perspectives further inform the discourse around risky play. Studies like Spencer et al. [6] explored educators' views on implementing risky play strategies and noted how these perceptions shape the opportunities available to children. Orestes [7] similarly addressed how adult attitudes can affect children's engagement in risky play, underlining the role of adult mediation in promoting confidence and self-assessment.

A systematic review by Brussoni et the overall positive associations be benefits, the review called for furth

Overall, the collected studies and t cultural influences, optimal balance



Paper Relevance Summary

Connects risky play experiences to self-determination theory, highlighting autonomy, competence, and relatedness as developmental outcomes.

Examines children's perspectives on risky play, focusing on experiences with loose parts and practitioner

Examines children's risk perception and appraisal in outdoor play.

Studies four- and five-year-olds' decision-making and awareness of risk during play. Highlights implications for fostering confidence and risk assessment in play environments. Academic Search Complete, AgeLine, BASE, BioOne Complete, bioRxiv, CINAHL Cochrane, Complete, CORE, Dimensions, Directory of Open Access Journals (DOAJ), Education Source, Elicit, Embase, ERIC, figshare, Gender Studies Database, Google, Advanced Google, Google Books, Google Scholar, Keenious, MEDLINE via PubMed, MEDLINE via OVID, MEDLINE via Web of Science Complete, Omni, Open Alex, ORCiD, OSF Preprints, Oxford Reference, Paperity, Perplexity, PLOS, Politics Collection, ProQuest Sociology Collection, Prospero, PsycINFO, ResearchGate, ResearchRabbit, Scholars Portal E-Journals, SciELO, Scite, Scilit, Scopus, Semantic Scholar, Sport Discus, The Lens, Undermind, Web of Science Complete, Web of Science Core Collection, WorldWideScience.org, WorldCat, Zenodo...



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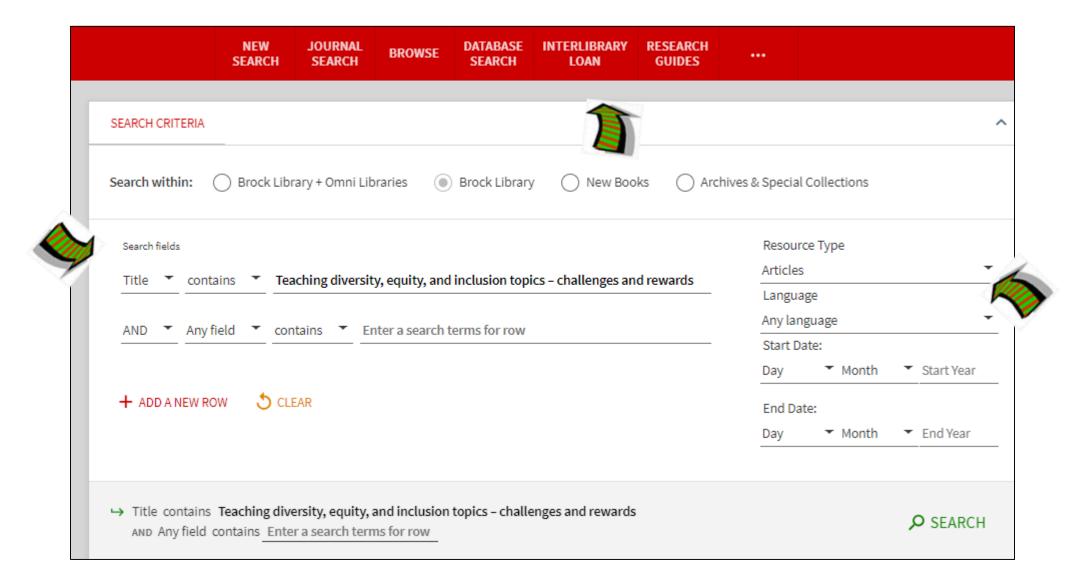
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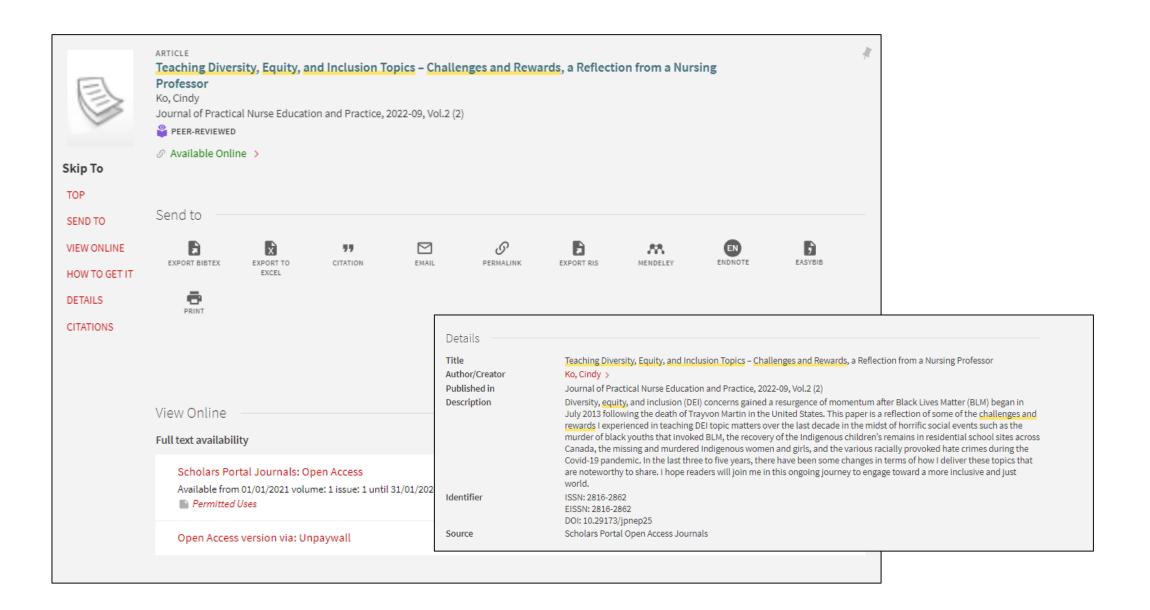
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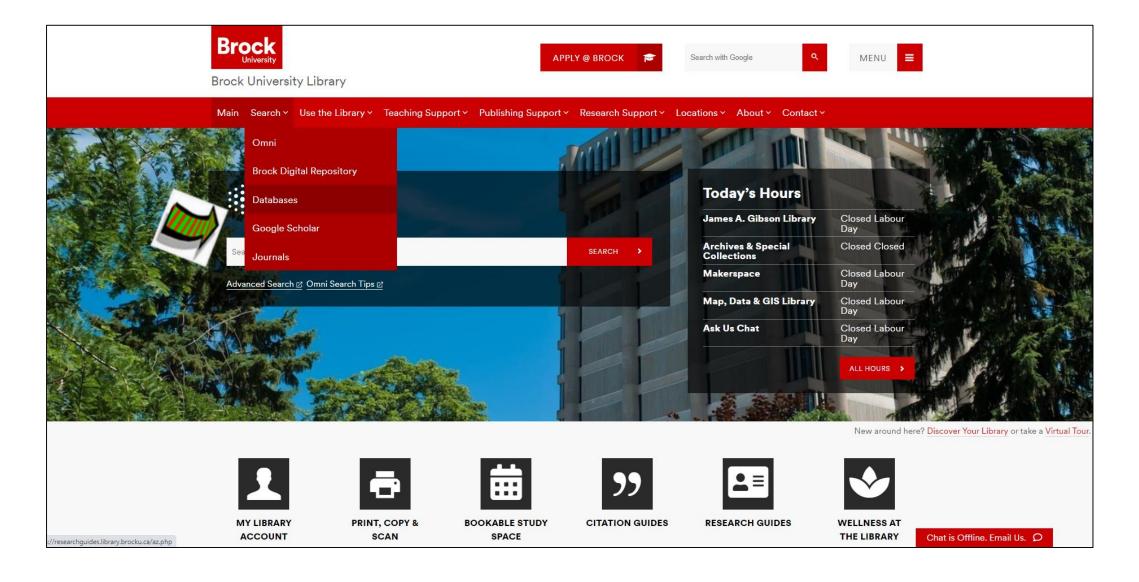


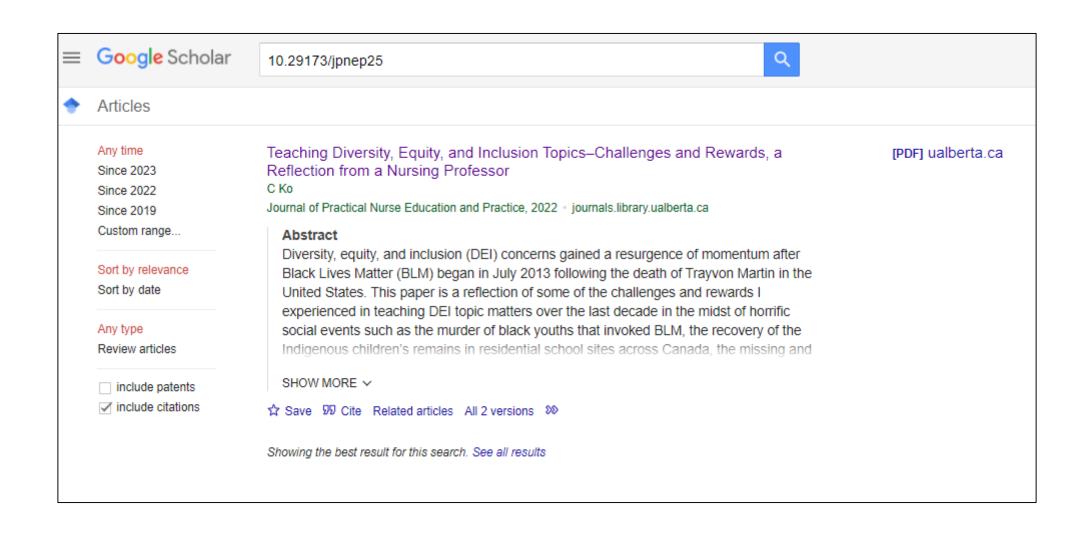
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Teaching Diversity, Equity, and Inclusion Topics – Challenges and Rewards, a Reflection from a Nursing Professor

Cindy Ko

Niagara College Canad

DOI: https://doi.org/10.29173/jpnep25

ABSTRACT

Diversity, equity, and inclusion (DEI) concerns gained a resurgence of momentum after Black Lives Matter (BLM) began in July 2013 following the death of Trayvon Martin in the United States. This paper is a reflection of some of the challenges and rewards I experienced in teaching DEI topic matters over the last decade in the midst of horrific social events such as the murder of black youths that invoked BLM, the recovery of the Indigenous children's remains in residential school sites across Canada, the missing and murdered Indigenous women and girls, and the various racially provoked hate crimes during the Covid-19 pandemic. In the last three to five years, there have been some changes in terms of how I deliver these topics that are noteworthy to share. I hope readers will join me in this ongoing journey to engage toward a more inclusive and just world.

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Teaching Diversity, Equity, and Inclusion Topics Challenges and Rewards, a Reflection from a Nursing Professor

Cindy Ko (PhD, LLM, MN, RN) Niagara College Canada

Abstract

Diversity, equity, and inclusion (DEI) concerns gained a resurgence of momentum after the Black Lives Matter (BLM) movement began in July 2013 following the murder of Trayvon Martin in the United States. This paper is a reflection of some of the challenges and rewards I have experienced teaching DEI topics over the last decade in the midst of horrific social events such as the murder of Black youths, the recovery of Indigenous children's remains in residential school sites across Canada, the findings of the National Inquiry into Missing and Murdered Indigenous Women and Girls, and the various racially motivated hate crimes during the COVID-19 pandemic. I address the emotionally laborious work of teaching DEI topics and the anxiety it can cause, and I offer some of the practical strategies I use to work through my stress. I also discuss various theories of knowledge and ways of knowing that I employ to anchor difficult topics, motivate student engagement, and move beyond superficial discussions. In the last three to five years, I have made changes to how I deliver this subject matter such as including an online discussion forum to encourage conversation beyond scheduled lecture time and providing a voluminous list of optional resources that takes into considerations the students' developmental readiness and level of previous historical contexts to facilitate their understanding. I hope to offer insights that other educators teaching DEI courses, especially in health care contexts, will find valuable. I hope readers will join me in this ongoing journey toward a more inclusive and just world.

Keywords: diversity, equity, inclusion, brave space, ways of knowing

Cindy Ko (PhD) declares that there is no conflict of interest. Her mailing address is Niagara College. 100 Niagara College Blvd., Room AH147 Welland, Ontario L3C 7L3. For correspondence email <a href="mailto:chocology:chocolog

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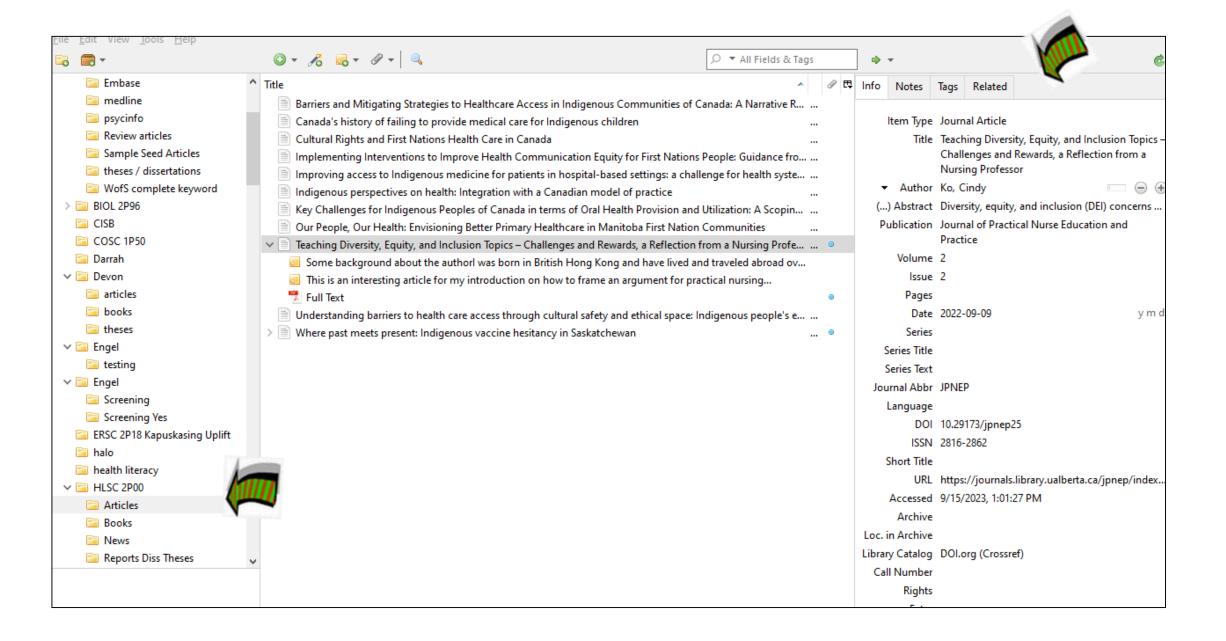
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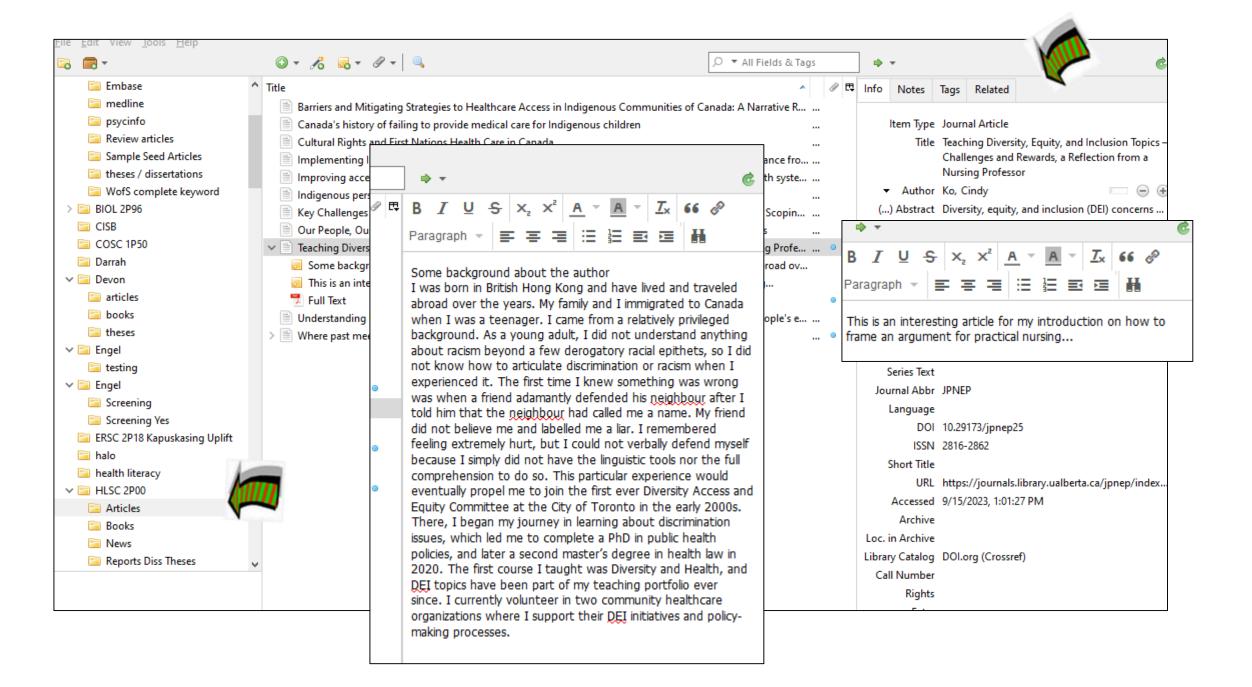
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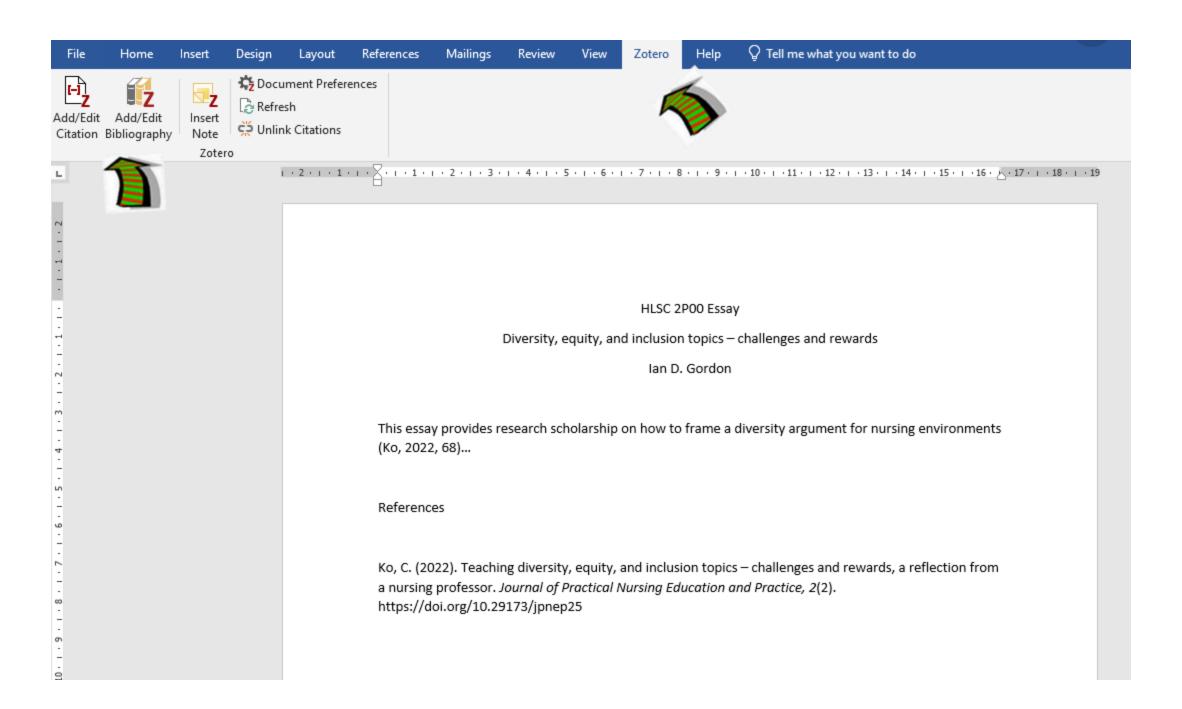
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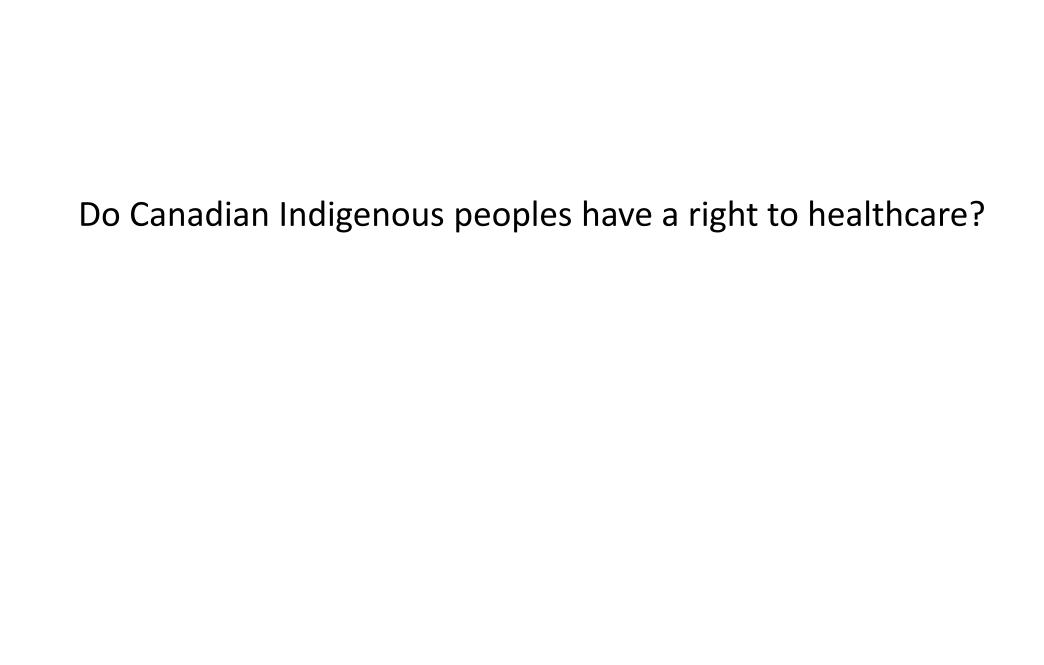






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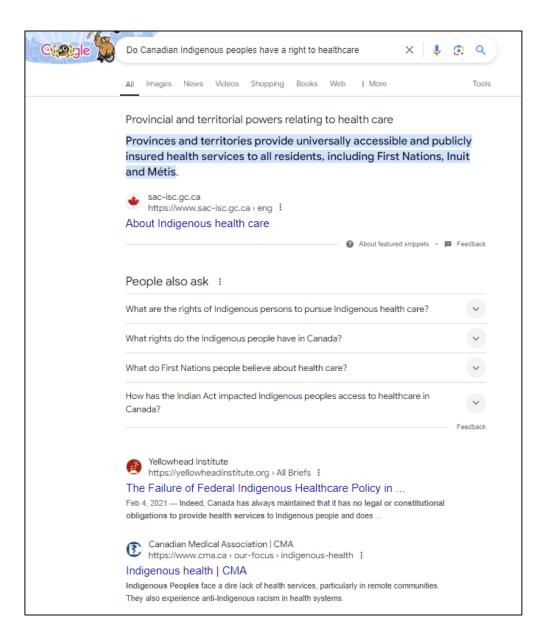
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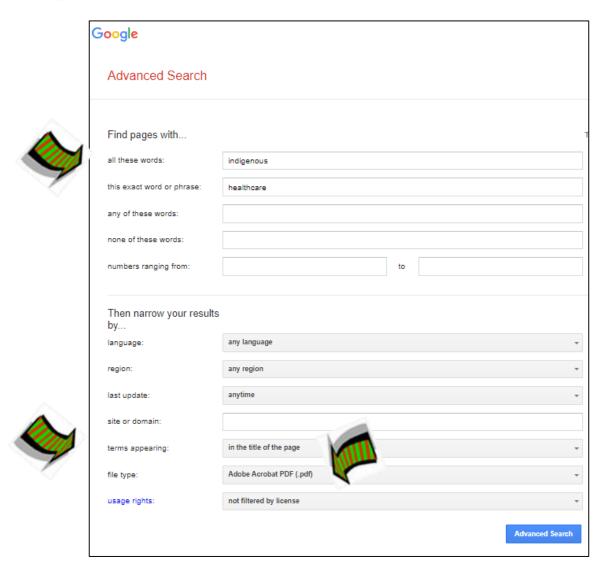
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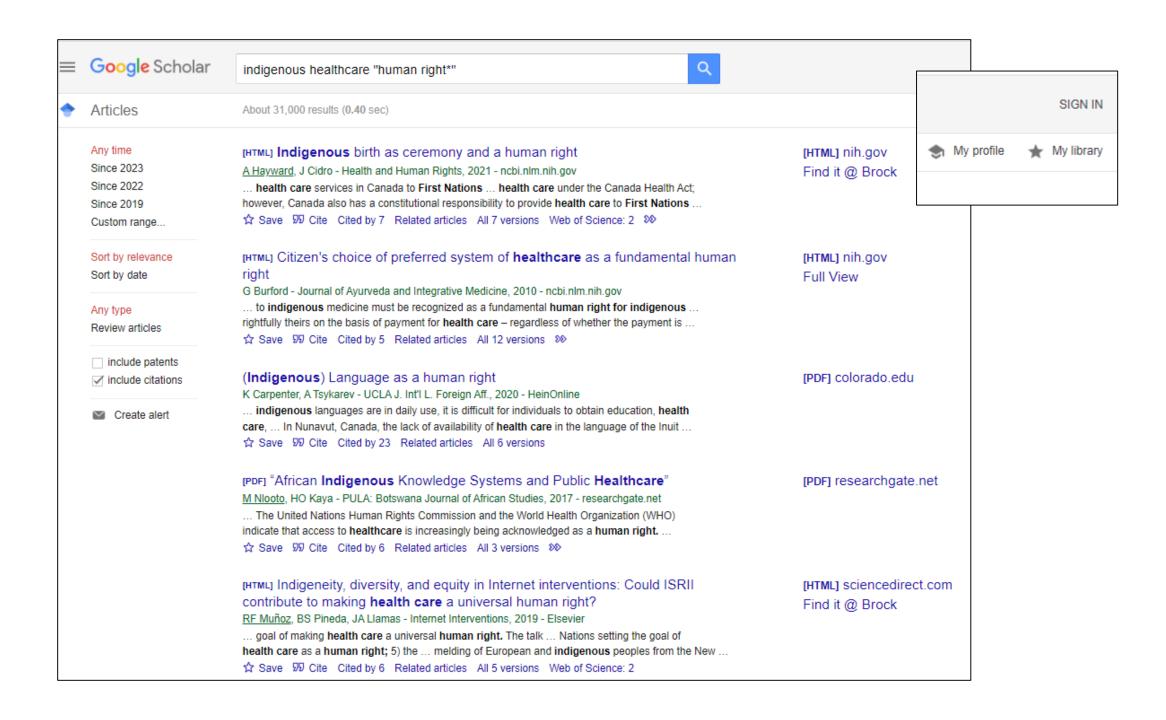
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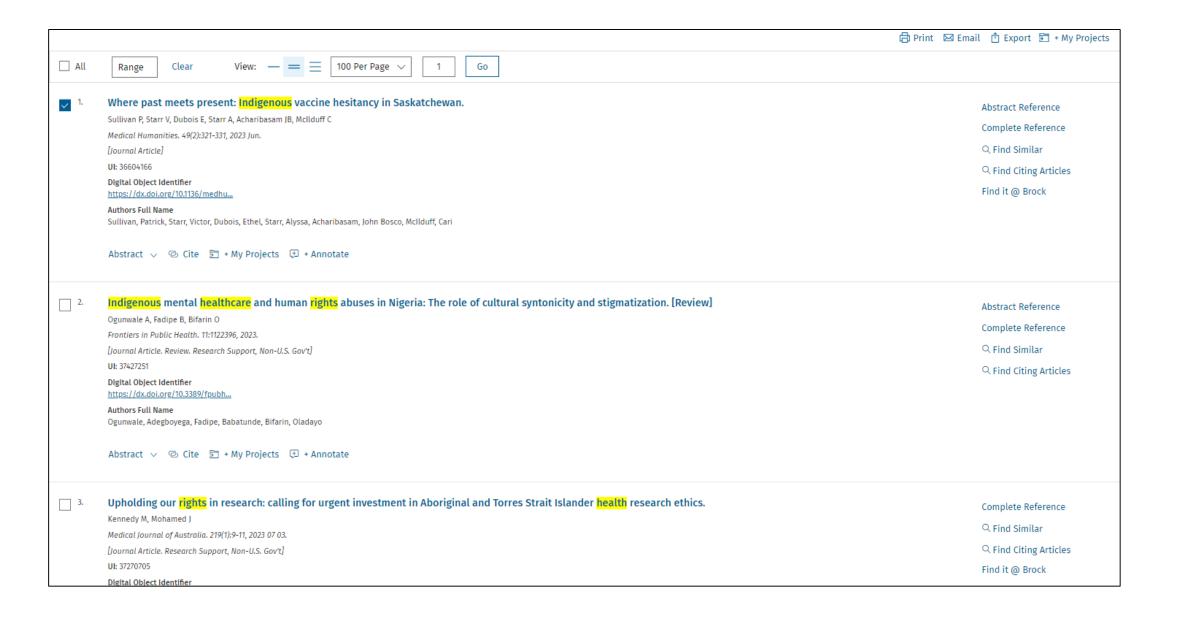
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6	4 or 5	2566317
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Abstract: In Canada, colonisation, both historic and ongoing, increases Indigenous vaccine hesitancy and the threat posed by infectious diseases. This research investigated Indigenous vaccine hesitancy in a First Nation

community in Saskatchewan, ways it can be overcome, and the influence of a colonial history as well as modernity. Research followed Indigenous research methodologies, a community-based participatory research design, and used mixed methods. Social media posts (interventions) were piloted on a community Facebook page in January and February (2022). These interventions tested different messaging techniques in a search for effective strategies. The analysis that followed compared the number of likes and views of the different techniques to each other, a control post, and community-developed posts implemented by the community's pandemic response team. At the end of the research, a sharing circle occurred and was followed by culturally appropriate data analysis (Nanatawihowin Acimowina Kika-Mosahkinikehk Papiskici-Itascikewin Astacikowina procedure). Results demonstrated the importance of exploring an Indigenous community's self-determined solution, at the very least, alongside the exploration of external solutions. Further, some sources of vaccine hesitancy, such as cultural barriers, can also be used to promote vaccine confidence. When attempting to overcome barriers, empathy is crucial as vaccine fears exist, and antivaccine groups are prepared to take advantage of empathetic failures. Additionally, the wider community has a powerful influence on vaccine confidence. Messaging, therefore, should avoid polarising vaccine-confident and vaccine-hesitant people to the point where the benefits of community influence are limited. Finally, you need to understand people and their beliefs to understand how to overcome hesitancy. To gain this understanding, there is no substitute for listening.



10.1136/medhum-2022-012501

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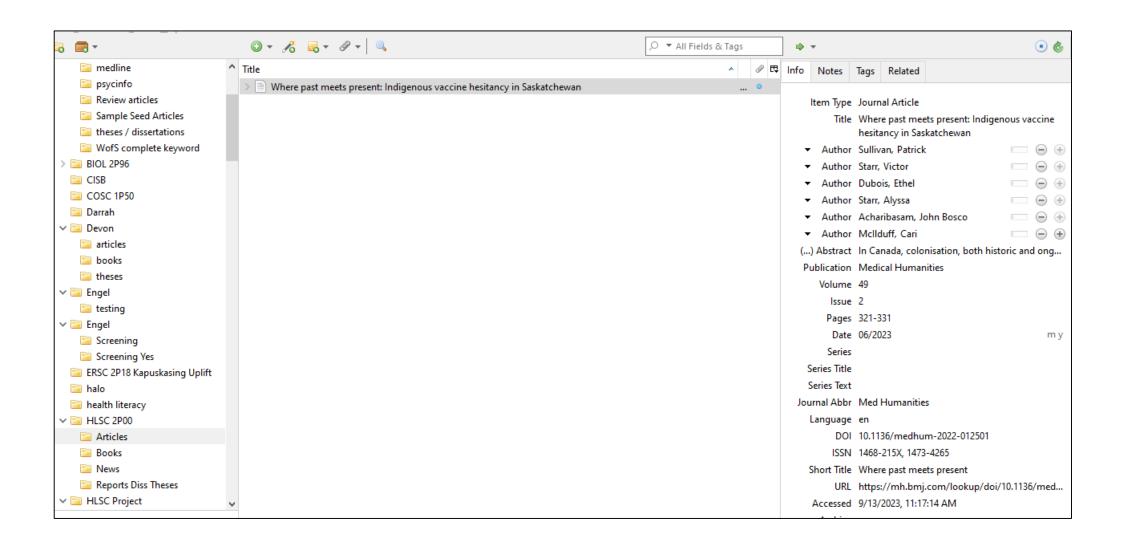
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Where past meets present: Indigenous vaccine hesitancy in Saskatchewan

Patrick Sullivan, 1 Victor Starr, 2 Ethel Dubois, 3 Alyssa Starr, 1 John Bosco Acharibasam, 1 Cari McIlduff¹

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¹College of Medicine, University of Saskatchewan, Saskatoon, Saskatchewan, Canada 2Kihew Kawaskasit Health Services, Star Blanket Cree Nation, Saskatchewan, Canada 3Star Blanket Cree Nation, Star Blanket Cree Nation. Saskatchewan, Canada

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Accepted 7 November 2022

ABSTRACT

In Canada, colonisation, both historic and ongoing, increases Indigenous vaccine hesitancy and the threat posed by infectious diseases. This research investigated Indigenous vaccine hesitancy in a First Nation community in Saskatchewan, ways it can be overcome, and the influence of a colonial history as well as modernity. Research followed Indigenous research methodologies, a community-based participatory research design, and used mixed methods. Social media posts (interventions) were piloted on a community Facebook page in January and February (2022). These interventions tested different messaging techniques in a search for effective strategies. The analysis that followed compared the number of likes and views of the different techniques to each other, a control post, and community-developed posts implemented by the community's pandemic response team. At the end of the research, a sharing circle occurred and was followed by culturally appropriate data analysis (Nanātawihowin Acimowina Kika-Môsahkinikêhk Papiskîci-Itascikêwin Astâcikowina procedure). Results demonstrated the importance of exploring an Indigenous community's self-determined solution, at the very least, alongside the exploration of external solutions. Further, some sources of vaccine hesitancy, such as cultural barriers, can also be used to promote vaccine confidence. When attempting to overcome barriers, empathy is crucial as vaccine fears exist, and antivaccine groups are prepared to take advantage of empathetic failures. Additionally, the wider community has a powerful influence on vaccine confidence. Messaging, therefore, should avoid polarising vaccine-confident and vaccine-hesitant people to the point where the benefits of community influence are limited. Finally, you need to understand people and their beliefs to understand how to overcome hesitancy. To gain this understanding, there is no substitute for listening.

INTRODUCTION

Indigenous Peoples in Canada, including First Nations, Métis and Inuit Peoples, experience the detrimental impacts of both historic and ongoing forms of colonisation, including persistent health and economic inequalities (Reading and Wien 2009, 8). During the COVID-19 pandemic, overcrowded housing placed Indigenous Peoples at higher risk of transmitting infection while an inequitable burden of COVID-19-relevant comorbidities elevated their

risk of severe infection (Bailie and Wayte 2006,

178; Reading and Wien 2009, 6; Charania and Tsuji

2012, 268; Mosby and Swidrovich 2021, 381-3).

However, throughout the pandemic, Indigenous communities used various self-led protective strategies in response to their increased risk (Power et al. 2020, 2739).

Heightened vaccine hesitancy among Indigenous Peoples stems from a long history of medical experimentation, forced or coerced sterilisation, residential school experiences, and unethical research by the very institutions who promote vaccination (Mosby and Swidrovich 2021, 381-3; Newman

Woodford, and Peek 2021, 698 many legitimat tially life-saving 2021, 381-3), confidence wit research set or an Indigenous surrounding Co 2022; Verd, Fer

012501 and better understand now to promote vaccin confidence within Indigenous communities in Saskatchewan. Indigenous research methodologies, a community-based participatory research (CBPR) design and mixed methods were adopted to guide

Sullivan, P., Starr, V., Dubois, E., Starr, A., Acharibasam, J. B., & McIlduff, C. (2023).

Where past meets present: Indigenous vaccine hesitancy in Saskatchewan.

Medical Humanities, 49(2), 321–331. https://doi.org/10.1136/medhum-2022-

This project engaged an Indigenous community, Star Blanket Cree Nation, in Saskatchewan, Canada to collaboratively develop a series of social media posts (interventions) to pilot on a community-run social media page. The posts were all approved by a community research advisory committee (CRAC) and followed behavioural insights (BI) and conspiracy theory strategies. These posts will be referred to as piloted posts or interventions, depending on context. Social media analytics were applied for a measurement of intervention effectiveness and so that different messaging strategies could be compared. As the project proceeded, a reflexive research approach allowed additional comparisons to be made between piloted posts and those developed entirely by community. At the project's completion, a sharing circle occurred where Indigenous community members contributed qualitative data that added depth to researcher understanding of Indigenous vaccine hesitancy.

Morning Star Lodge (MSL) is an Indigenous community-based health research lab. Founded in 2010, the lab has accumulated considerable experience supporting Indigenous communities through collaborative work. To support the oftenargued most critical social determinant of Indigenous health, self-determination (Reading and Wien

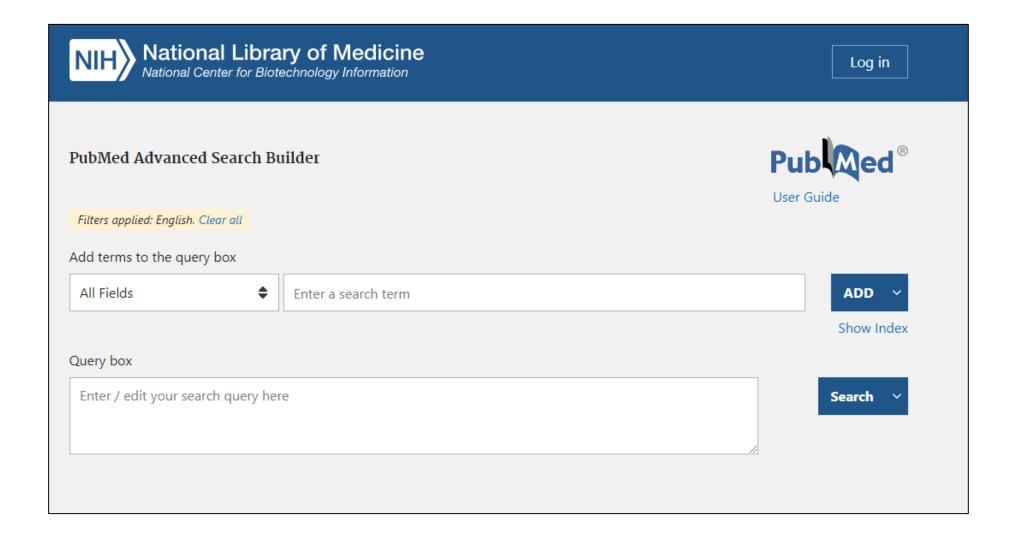


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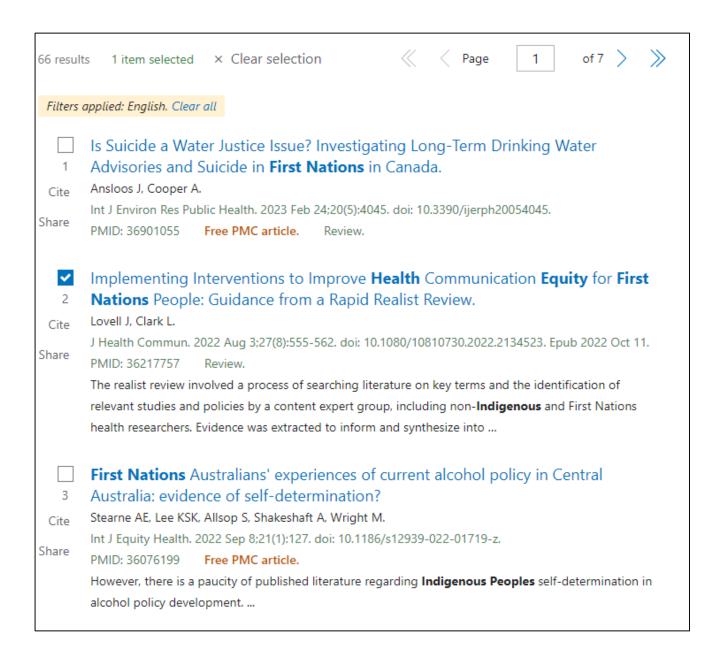
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#11	•••	>	Search: #9 or #10	168,505	11:36:13	
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#7	•••	>	Search: #4 or #5 or #6	13,218,254	11:33:55	
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#5	•••	>	Search: "Health Care Category" [Mesh] Sort by: Most Recent	13,192,536	11:33:00	
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Implementing Interventions to Improve Health Communication Equity for First Nations People: Guidance from a Rapid Realist Review

Judith Lovell ¹, Louise Clark ²

Affiliations + expand

PMID: 36217757 DOI: 10.1080/10810730.2022.2134523

Abstract

Effective communication is critical for engagement between clients and health professionals, transfer of health information and health decision-making. Internationally, there is recognition that if health communication interventions were successfully implemented, then health communication equity would improve. This rapid realist review was undertaken with the aim of providing guidance on the circumstances in which communication interventions were likely to work in regional health service settings accessed by First Nations people from remote and very remote geographic areas of Australia. The realist review involved a process of searching literature on key terms and the identification of relevant studies and policies by a content expert group, including non-Indigenous and First Nations health researchers. Evidence was extracted to inform and synthesize into guiding principles, using a realist perspective. This review identified studies that provided evidence from 37 Australian and international settings where the dominant language and culture of the health sector differs from that of the majority of service users. A number of guiding principles were synthesized: 1) to build trust and respect by inclusion of an individual patient's cultural perspective; 2) to enhance concordant understanding of health information through two-way health literacies and learning; 3) to recognize the entanglement of health communication equity with regional socio-cultural and health determinants. This review generated realist informed guiding principles to suggest how and under what conditions health communication interventions can enable healthcare decision-making at an

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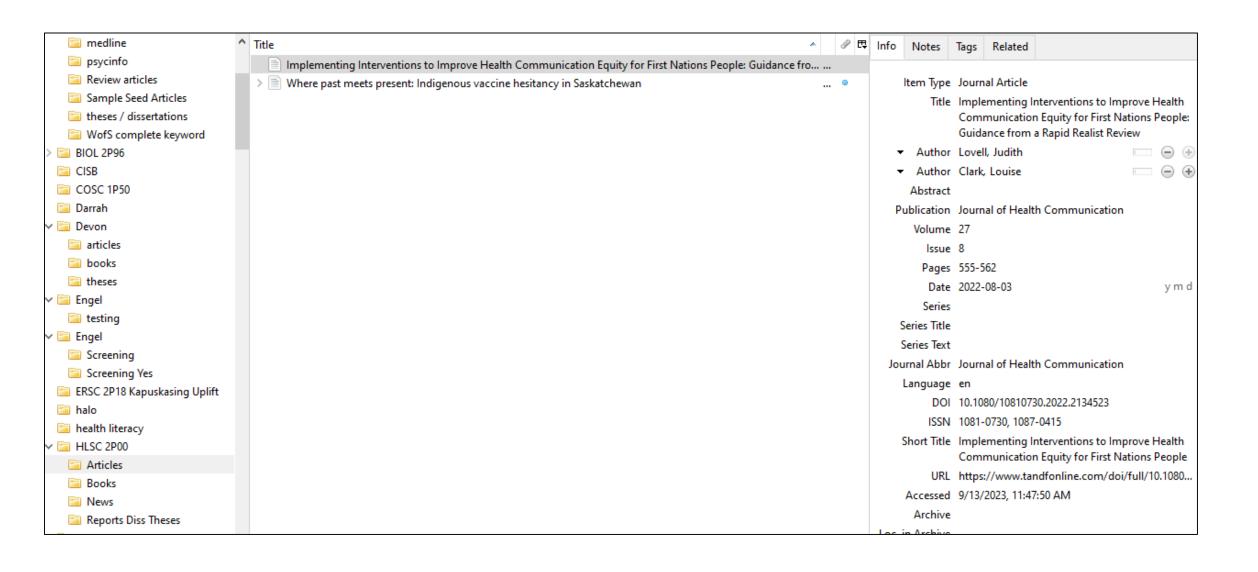
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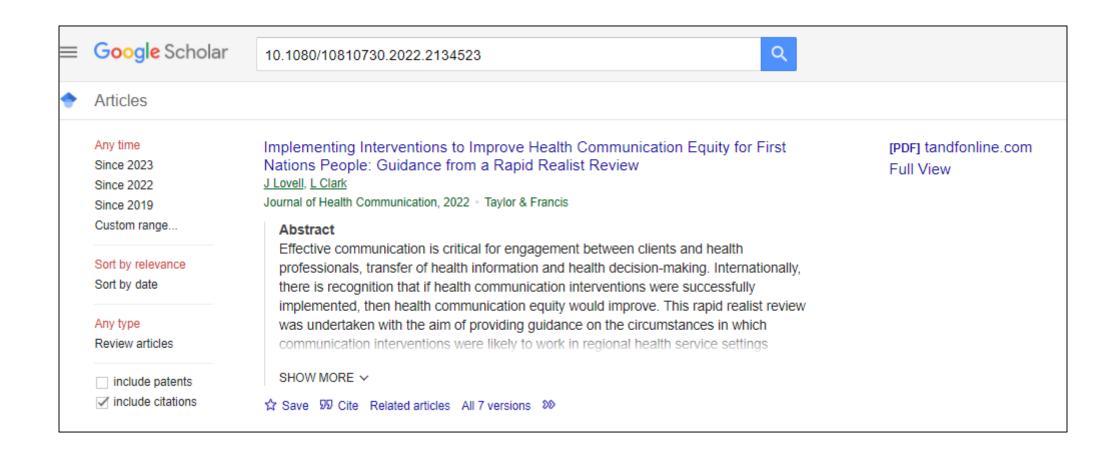
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Implementing Interventions to Improve Health Communication Equity for First Nations People: Guidance from a Rapid Realist Review

JUDITH LOVELL 601 and LOUISE CLARK2

¹Northern Institute, Charles Darwin University, Alice Springs, Sadadeen, NT, Australia
²Tasmanian School of Medicine, University of Tasmania, Hobart, TAS, Australia

ABSTRACT

Effective communication is critical for engagement between clients and health professionals, transfer of health informationally, there is recognition that if health communication interventions were successfully implemented, then health communication equity would improve. This rapid realist review was undertaken with the aim of providing guidance on the circumstances in which communication interventions were likely to work in regional health service settings accessed by First Nations people from remote and very remote geographic areas of Australia. The realist review involved a process of searching literature on key terms and the identification of relevant studies and policies by a content expert group, including non-Indigenous and First Nations health researchers. Evidence was extracted to inform and synthesize into guiding principles, using a realist perspective. This review identified studies that provided evidence from 37 Australian and international settings where the dominant language and culture of the health sector differs from that of the majority of service users. A number of guiding principles were synthesized: 1) to build trust and respect by inclusion of an individual patient's cultural perspective; 2) to enhance concordant understanding of health information through two-way health literacies and learning; 3) to recognize the entanglement of health communication equity with regional socio-cultural and health determinants. This review generated realist informed guiding principles to suggest how and under what conditions health communication interventions can enable healthcare decision-making at an individual and service level.

Background

Effective health communication is critical for engagement between clients and health professionals, transfer of health information, in decision-making, and in addressing health equity (World Health Organisation, 2022). In Australia, key policy frames effective communication with First Nations consumers as fundamental to the provision of accessible, culturally responsive, and safe health care. For example, the communication domain within the Cultural Respect Framework 2016–2026 for Aboriginal and Torres Strait Islander Health (Australian Health Ministers' Advisory Council, 2016) identifies First Nations cultural and linguistic diversity; the link between communication and health literacy; and the broader communication environment inclusive of physical, electronic, and organizational resources. While context-specific issues

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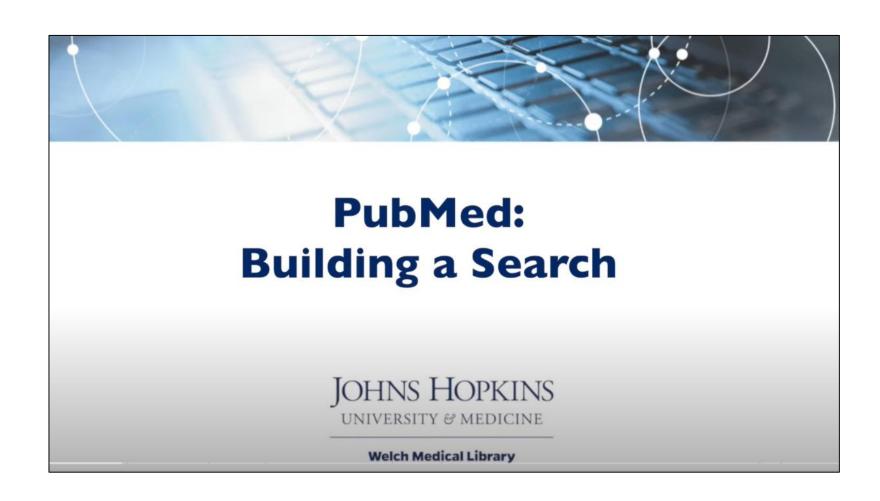
such as resource levels and skilled workforces are recognized, well-aligned health communication interventions and relevant outcome measures are not detailed. This rapid realist review was undertaken with the aim of producing guidance from existing studies, to support implementation at the local level in regional health services likely to communicate with First Nations clients of diverse linguistic and cultural backgrounds.

Health service performance measures are linked to the Aboriginal and Torres Strait Islander Health Performance Framework (HPF) (Australian Institute of Health Welfare. 2017), which in turn includes monitoring through the National Safety and Quality Health Service Standards (NSQHS) (Australian Commission on Safety and Quality in Health Care, 2017). 'Communicating for Safety' is Standard 6 of the 8 NSOHSs and intends 'to ensure timely, purpose-driven and effective communication and documentation that support continuous, coordinated and safe care for patients' (Australian Commission on Safety and Quality in Health Care, 2017. p. 18). This standard acknowledges the importance of health communication, but it focuses on communication between health professionals rather than between health professionals and other people, excepting for effectively communicating with 'patients, carers, and families during high-risk situations'

Lovell, J., & Clark, L. (2022). Implementing interventions to improve health communication equity for first nations people: Guidance from a rapid realist review. *Journal of Health Communication*, 27(8), 555–562. https://doi.org/10.1080/10810730.2022.2134523

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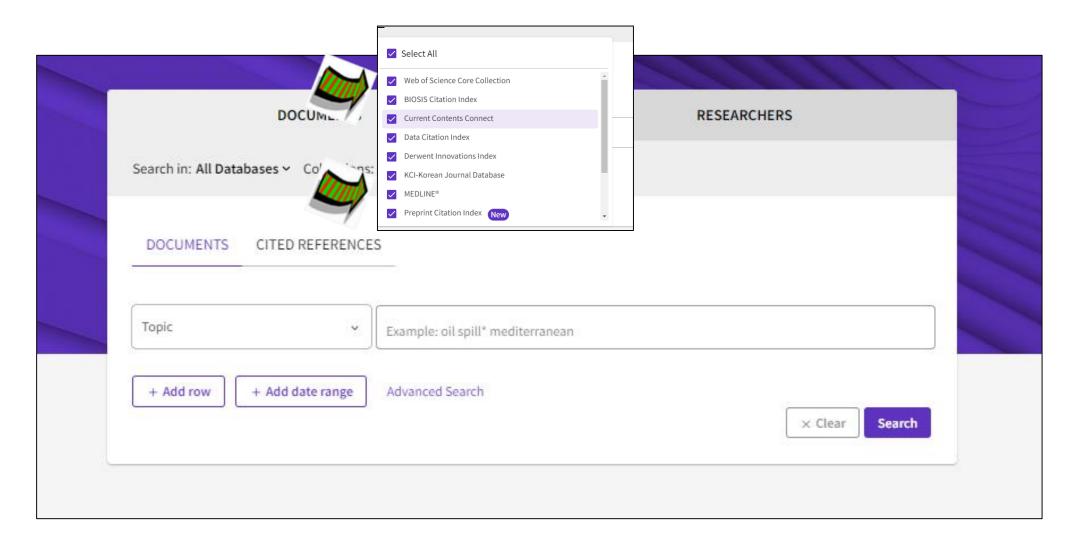


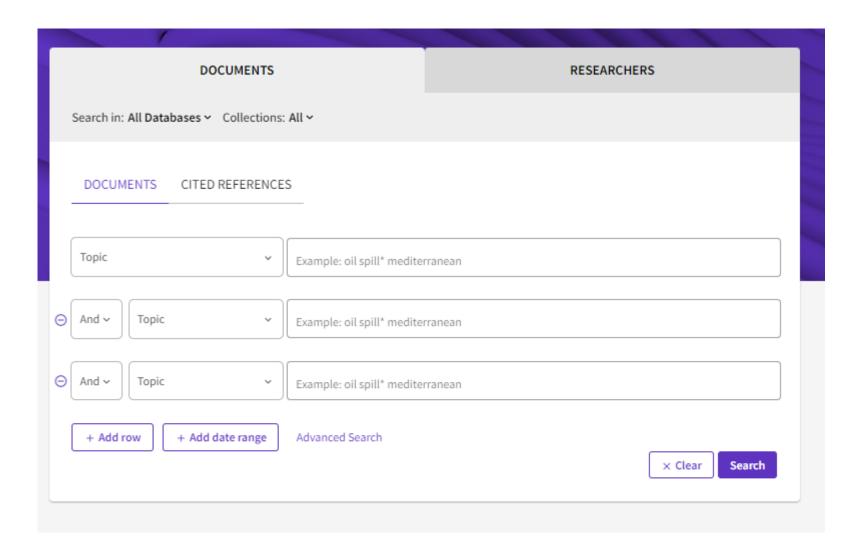
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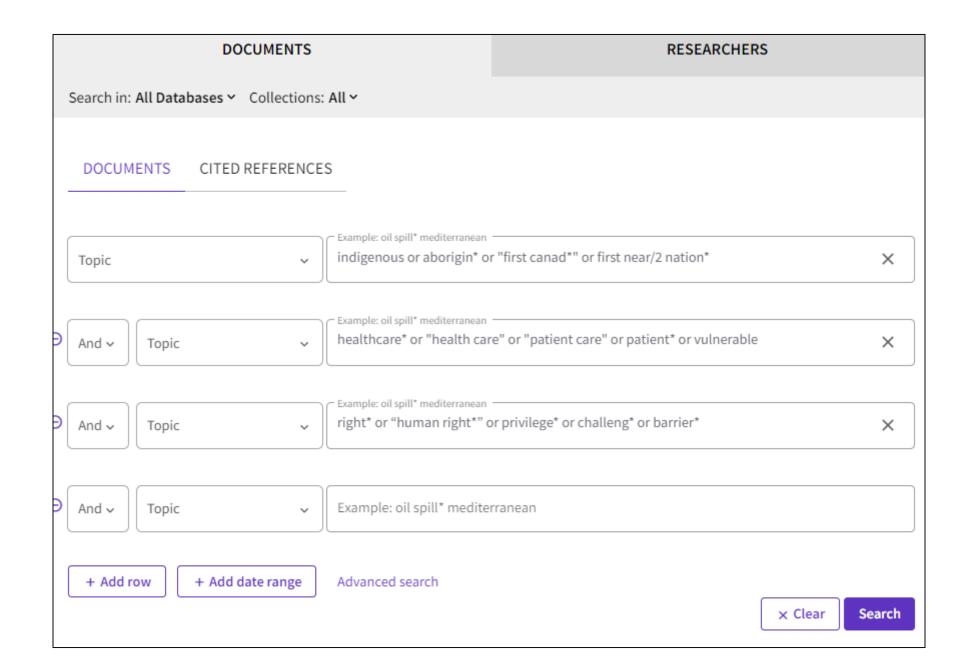


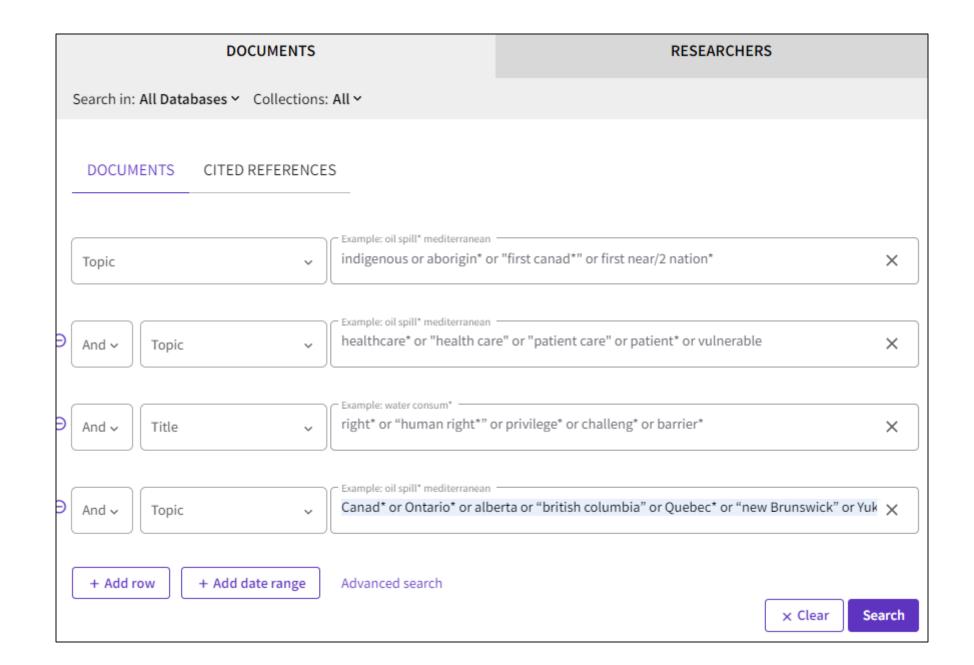
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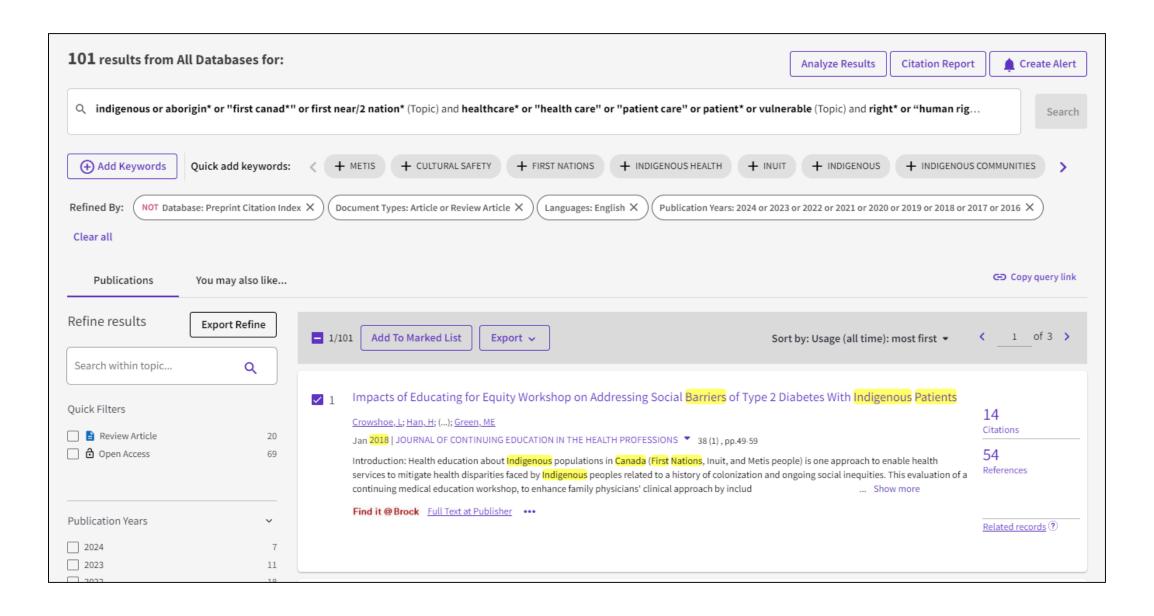


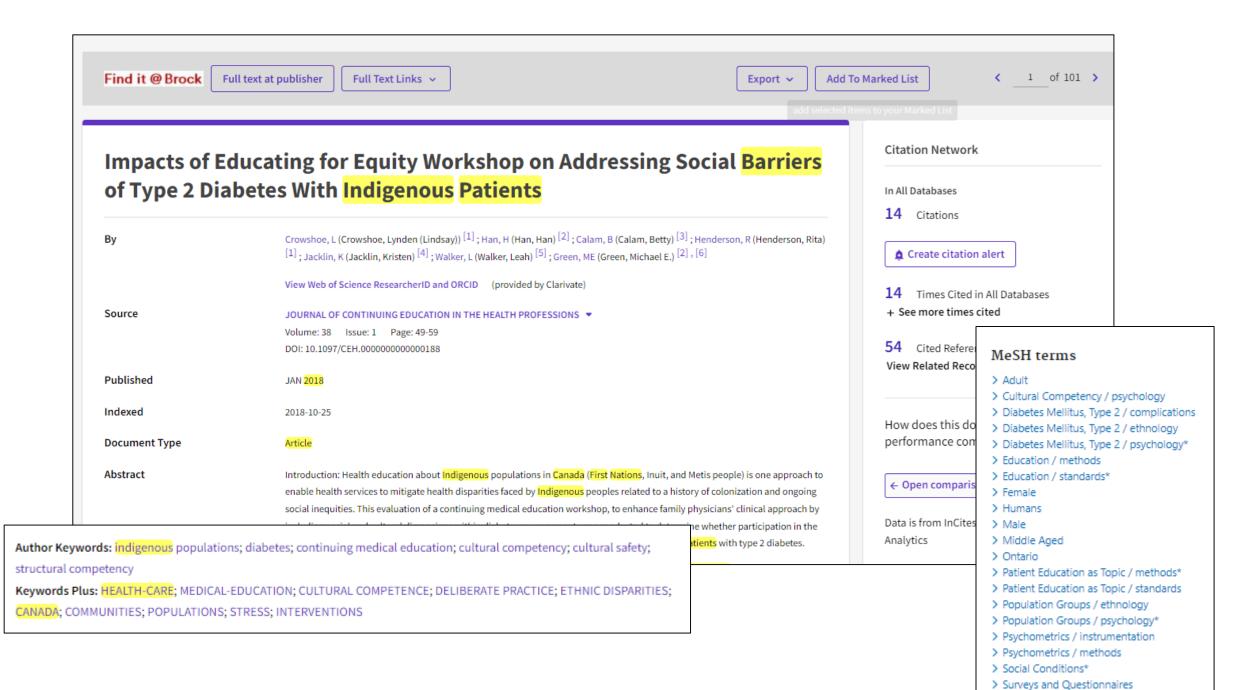


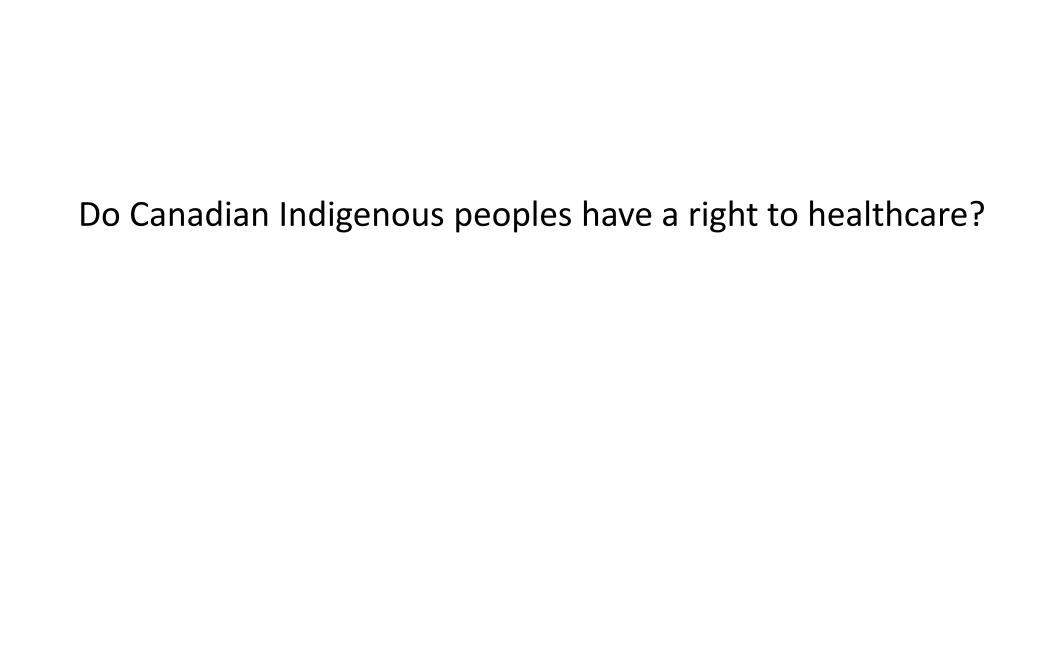
Do Canadian Indigenous peoples have a right to healthcare?









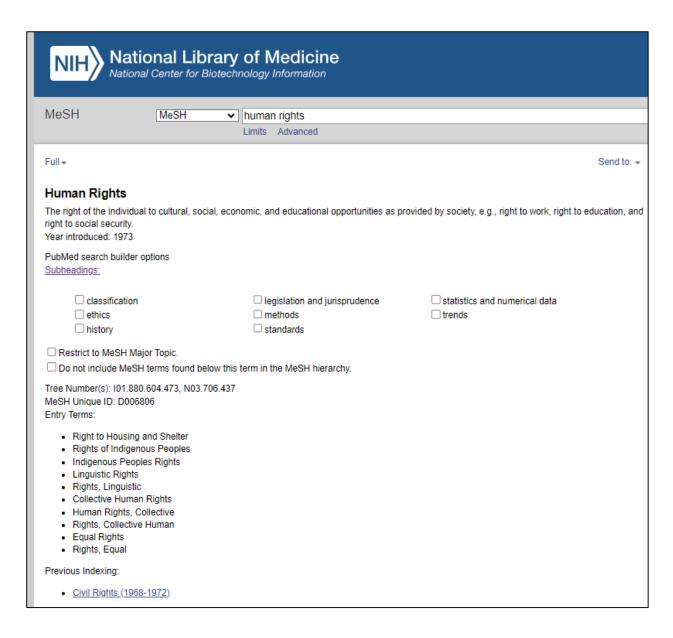


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Indigenous Canadians The three groups of indigenous charisinal peoples of Canada. These include First Nations, Inuit and Métic. These are three dictinat peoples with								
The three groups of indigenous aboriginal peoples of Canada. These include First Nations, Inuit and Métis. These are three distinct peoples with unique histories, languages, cultural practices and spiritual beliefs. Year introduced: 2021								
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First Nation CanadianNation Canadian, First								
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Indigenous Per America	ority and Vulnerable Populations oples an Indian or Alaska Native ndians, North American Indigenous Canadians							
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    Civil Rights

    Women's Rights

· Human Rights Abuses
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                      Sociology
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                                         Consumer Advocacy
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                                                Personal Autonomy
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                                                Right to Die
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                                               Environmental Justice
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Encyclopedia of Public Health (2008) Dictionary Plus: Medicine and Health (2016)

Encyclopedia of Lifestyle Medicine and Health (2012)

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Oxford Handbook of Public Health Practice (2013)

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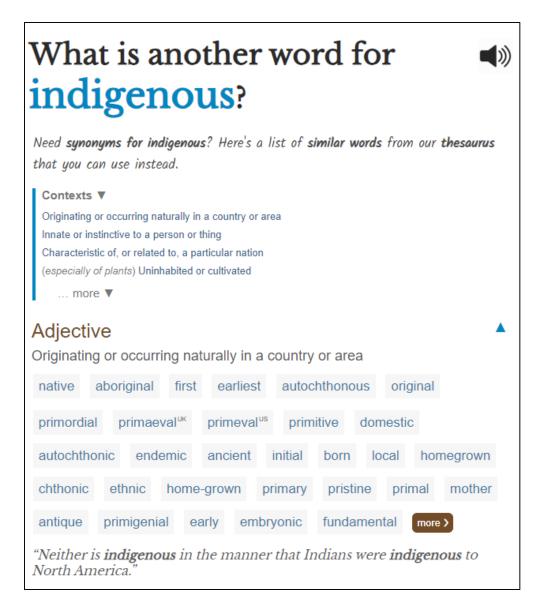
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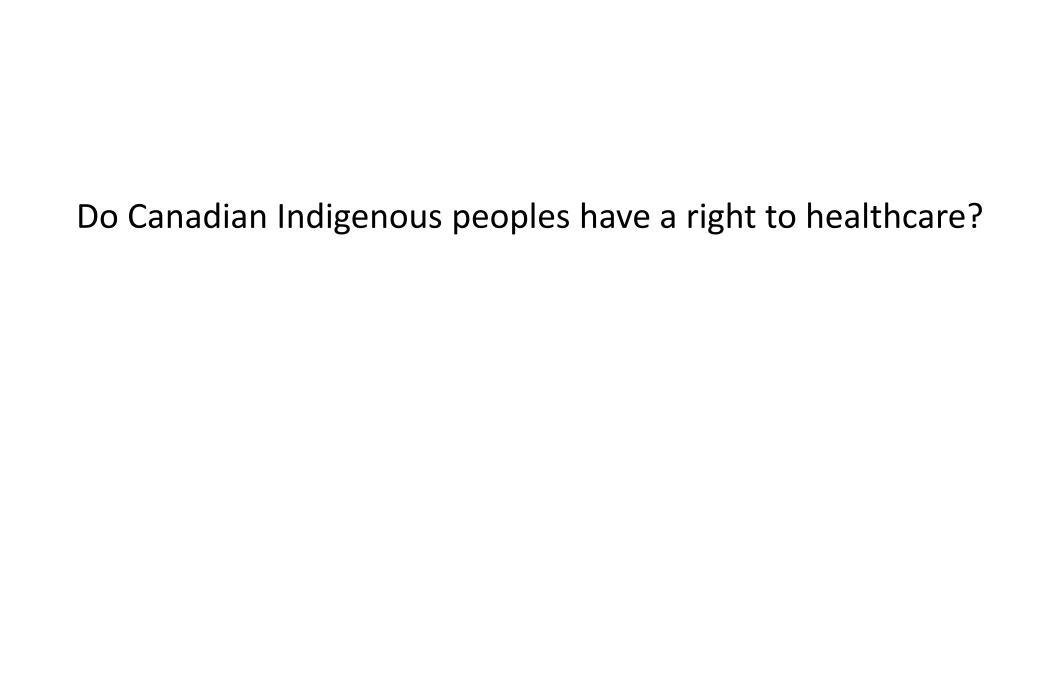




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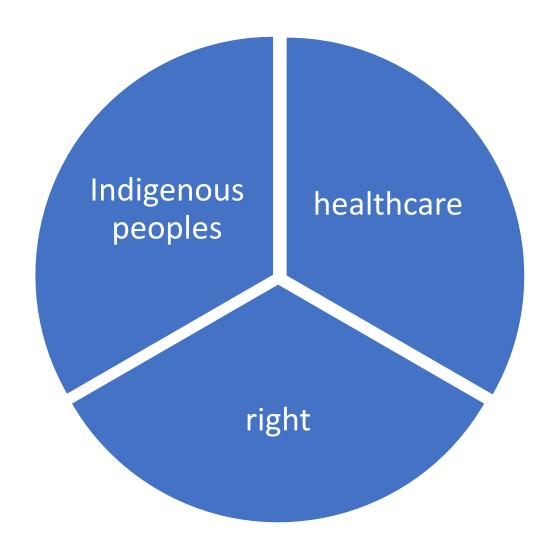
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"human right" privilege teenager consequence



What are this research questions' key concepts?

- 1. Indigenous peoples
- 2. Healthcare
- 3. Right or rights



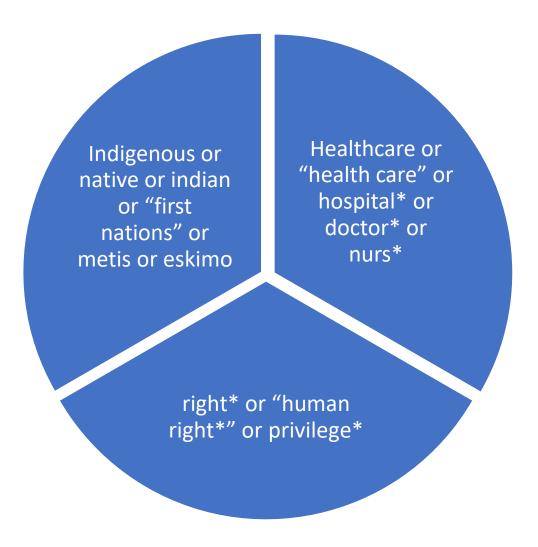
1. Indigenous or native or indian or "first nations" or metis or eskimo

AND

2. Healthcare or "health care" or hospital* or doctor* or nurs*

AND

- 3. Original scholarly research
- 4. Humans
- 4. English, 2000+, journal articles...
- 5. Canad*

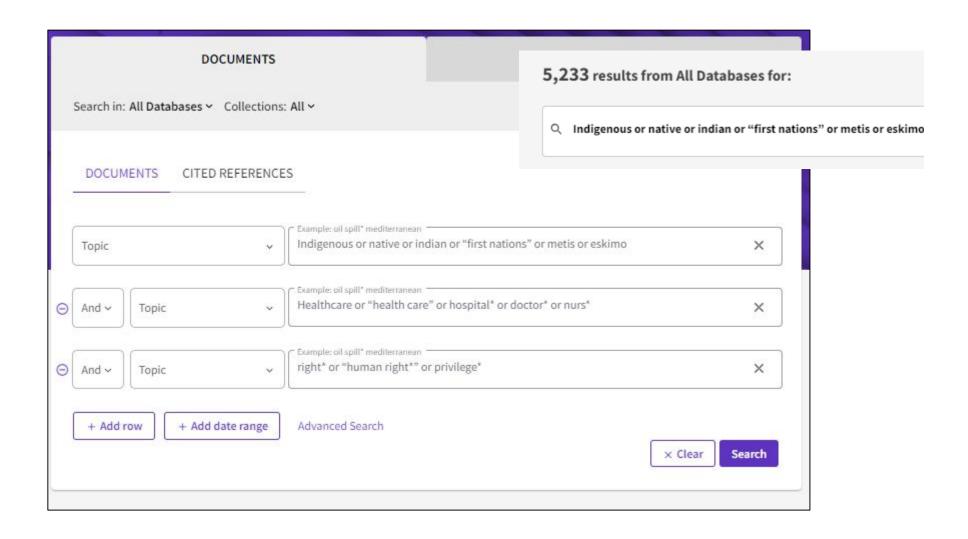


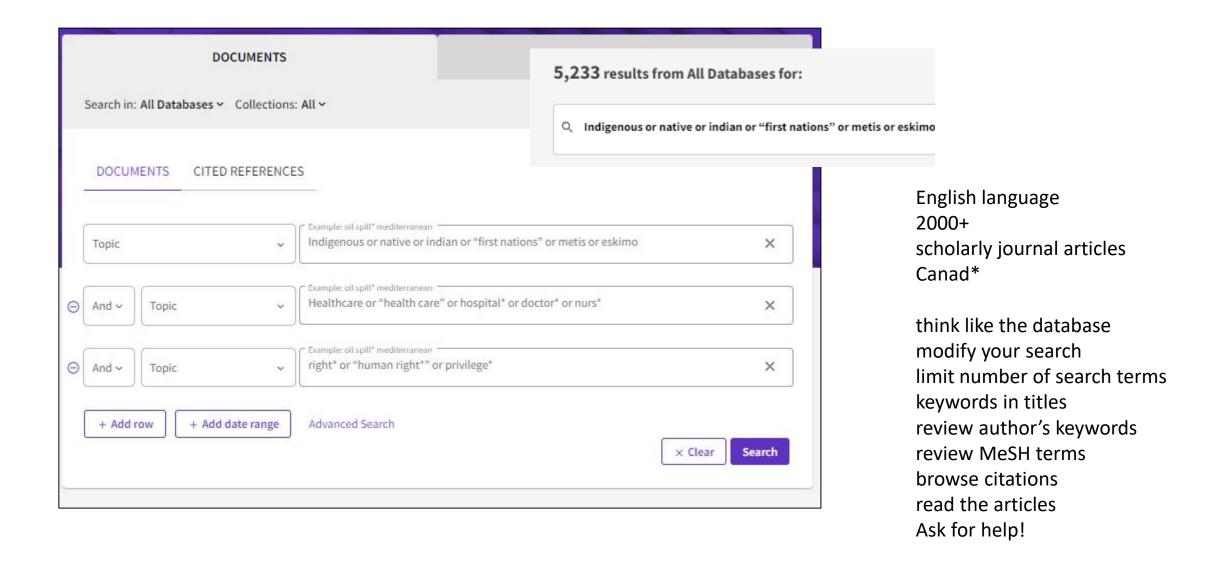
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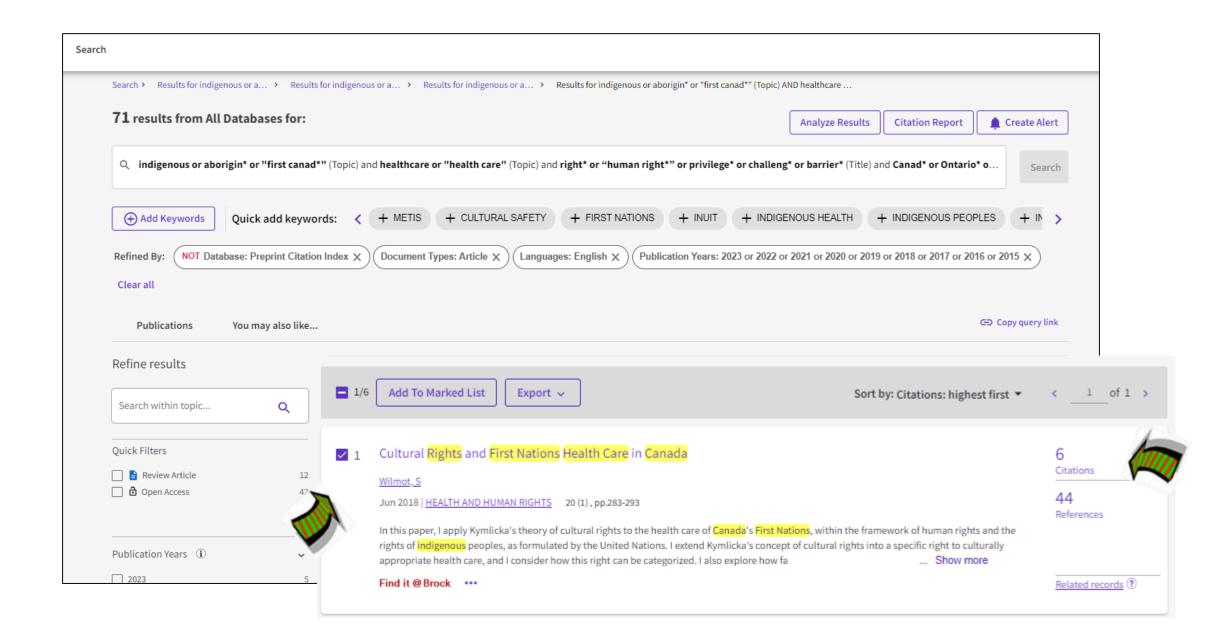
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Cultural Rights and First Nations Health Care in Canada

By Wilmot, S (Wilmot, Stephen) [1], [2]

Source HEALTH AND HUMAN RIGHTS

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human rights and the rights of indigenous peoples, as formulated by the United Nations. I extend Kymlicka's concept of cultural rights into a specific right to culturally appropriate health care, and I consider how this right can be categorized. I also explore how far the Canadian state recognizes a right to health care in general and to culturally appropriate health care in particular; and whether it has instituted a statutory or constitutional right in these areas. Finally, I consider the same questions with regard to First Nations health care in British Columbia. My conclusions are that the right to culturally appropriate health care is not recognized

nationally, or in British Columbia, and that the potential exists to establish such a right politically.

Keywords Plus: INDIGENOUS PEOPLES

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Categories/ Classification Research Areas: Public, Environmental & Occupational Health

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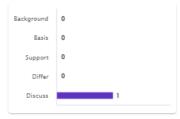
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Cultural Rights and First Nations Health Care in Canada

STEPHEN WILMOT

Abstract

In this paper, I apply Kymlicka's theory of cultural rights to the health care of Canada's First Nations, within the framework of human rights and the rights of indigenous peoples, as formulated by the United Nations. I extend Kymlicka's concept of cultural rights into a specific right to culturally appropriate health care, and I consider how this right can be categorized. I also explore how far the Canadian state recognizes a right to health care in general and to culturally appropriate health care in particular; and whether it has instituted a statutory or constitutional right in these areas. Finally, I consider the same questions with regard to First Nations health care in British Columbia. My conclusions are that the right to culturally appropriate health care is not recognized nationally, or in British Columbia, and that the potential exists to establish such a right politically.

STEPHEN WILMOT, MA, MSc, MEd, PhD, is an associate academic in health and social care at University of Derby Online, University of Derby, UK, and an instructor at Athabasca University, Edmonton, AB, Canada.

Please address correspondence to the author at S.Wilmot@derby.ac.uk.

Competing interests: None declared.

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Conclusion

The Tripartite Framework Agreement on First Nations health care provision in British Columbia was created partly in response to a perceived need for culturally appropriate health care. I have argued that a right to such health care was not built into the agreement. This is partly because Canada's health care system does not clearly provide for health care as a right in general, and partly because the tripartite system (probably as a consequence of the general Canadian situation) does not offer culturally appropriate health care as a right, in particular. So Kymlicka's argument for indigenous cultural rights has not been realized in this case; nor has my argued human right to culturally appropriate health care. However, I have suggested that by mobilizing the flexibility of multi-level governance, and aligning rights and duties, the right to culturally appropriate health care can be realized at a political level. It is clear that the establishment of that right in rules, practice, and discourse, against the established habits of Canada's political class, will take time, and it will involve the application of political arts over that time. But if First Nations leaders in British Columbia are willing and able to pursue this, a major precedent could be set for Canada in the advancement of indigenous rights.

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- 3. International Covenant on Economic, Social and Cultural Rights (ICESCR), General Comment No. 14: The Right To The Highest Attainable Standard Of Health (Art. 12) (2000). Available at www.refworld.org/pdfid/4538838do.pdf; International Covenant on Economic, Social and Cultural Rights (ICESCR), General Comment No. 2: Right of Every-

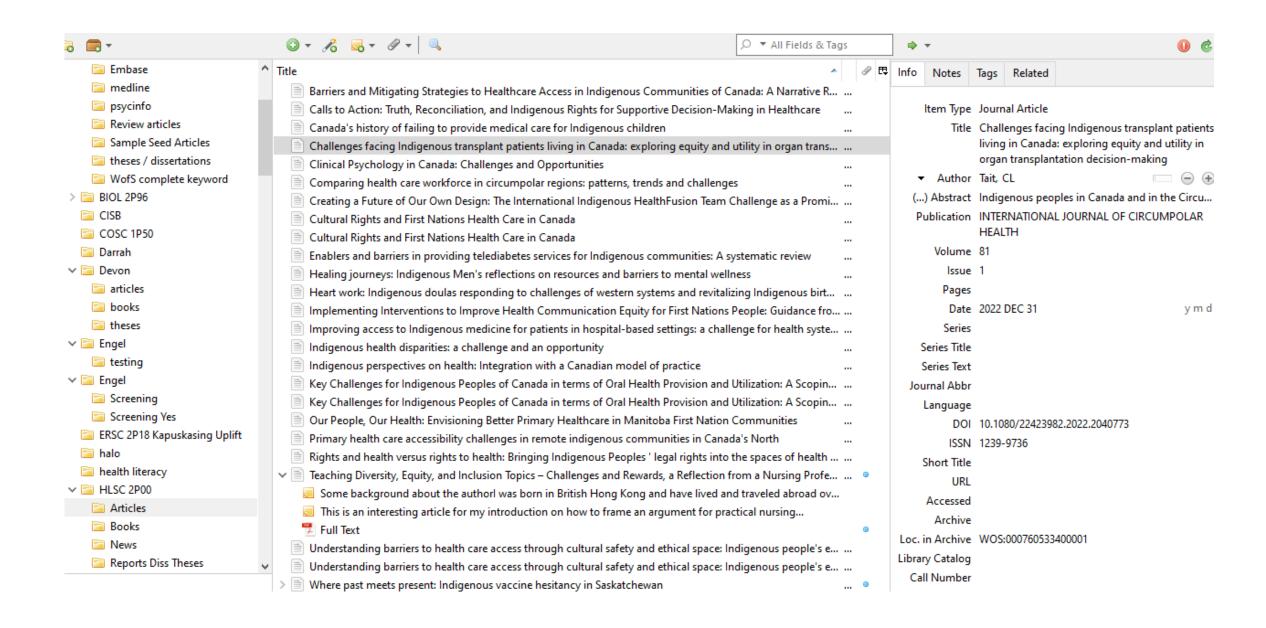
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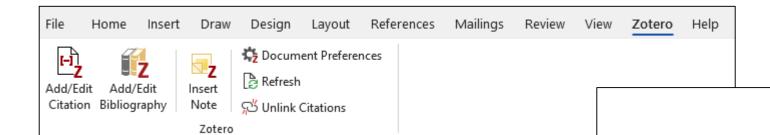
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▶ 🗀 BIOL 2P96	Community health worker knowledge, attitudes and practices towards COVID-19: Learnin	Feldman et al.	2021-02-10	8	Author Connell, Lauren	
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→ ☐ HLSC Project	Knowledge and attitudes towards living wills among healthcare professionals, residents a	Fernández-Rodríguez et al.	2022-01	8	Journal Abbr BMJ Open	
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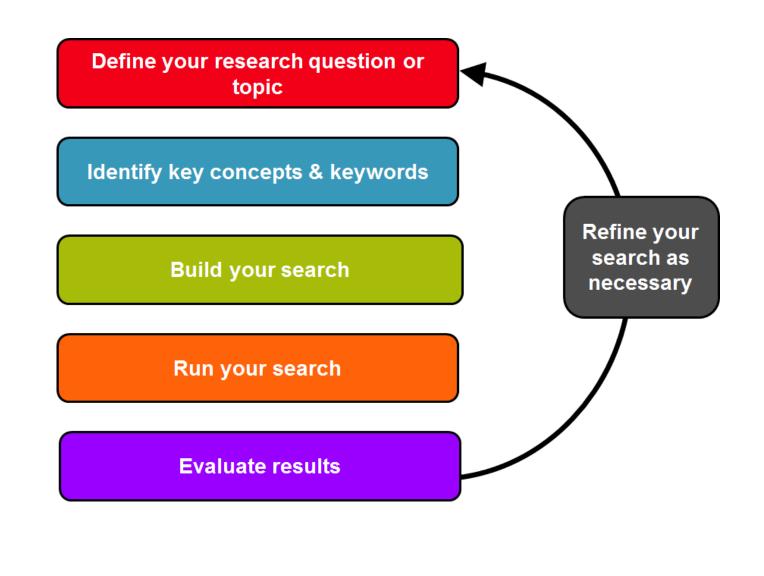


My HLSC 2P00 paper

This paper will discuss health literacy as a form of national importance (Connell et al., 2023)...

References

Connell, L., Finn, Y., & Sixsmith, J. (2023). Health literacy education <u>programmes</u> developed for qualified health professionals: a scoping review. *BMJ Open*, *13*(3), e070734. https://doi.org/10.1136/bmjopen-2022-070734

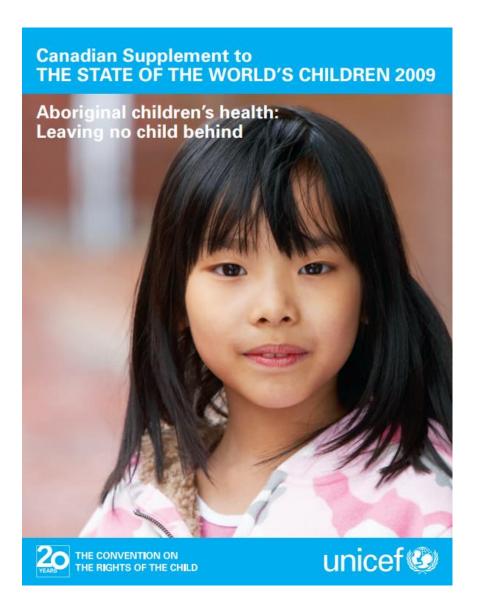


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'We are nickel and dimed to death': Assembly of first nations seeks strategy to address policy gaps in indigenous health care. (2023, Jun 03). *Toronto Star*

Reports, data, statistics...



"Our country is being called to a greater consciousness. Even if there are more questions than answers, it's time to ask them. What kind of Canada do you want?" (Canadian UNICEF Committee, 2009, ii).

Canadian UNICEF Committee (2009). Aboriginal children's Health: Learning no child behind / Canadian supplement to the State of the World's Children 2009. (2009). Toronto, CUC. https://www.unicef.ca/

Theses, dissertations, MRPs...

Lessons learned from a critical appraisal of a fall break policy in higher education: A case study

Kelly A Pilato

Submitted in fulfillment of the requirements for the degree of Doctorate of Philosophy in

Applied Health Sciences

(Behavioural and Population Health)

Faculty of Applied Health Sciences

Brock University

St. Catharines, ON

Pilato, K. A. (2019). Lessons learned from a critical appraisal of a fall break policy in higher education: A case study [Doctoral dissertation, Brock University]. https://dr.library.brocku.ca/handle/10464/14625

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- Top 10 resources you should know about!
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- Scholarly resources databases
- Scholarly resources articles
- How to search for information
- Where, how and when to get help!
- Questions / Answers

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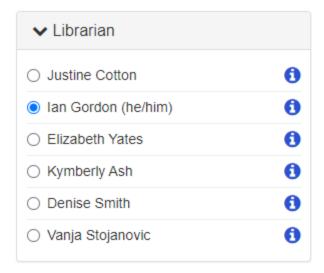
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Make an Appointment Research Consultation

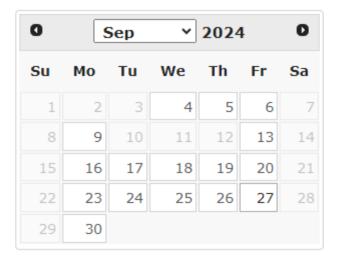
Your Librarian can help you:

- · use the best search tools for your assignments
- · find information sources on your specific topic
- · develop effective research strategies
- · become a confident and independent researcher

1. Select One



2. Select Date:



3. Select Time:

Friday, September 27, 2024

Time Zone: Eastern Time - US & Canada (change)



Continue



Man sitting near table with laptop photo by <u>Joseph Frank</u> on <u>Unsplash</u>



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One thing I learned today.

Library Seminar Agenda

- Top 10 resources you should know about!
- Scholarly resources books
- Scholarly resources databases
- Scholarly resources articles
- How to search for information
- Where, how and when to get help!
- Questions / Answers

HLSC 2P00 Library Seminar



Good luck with this course and assignments!

